



NETWORK NEWS - Resources and Inspiration for Single Mothers

Sept.-Dec. 2019
Vol. 37 - No. 3

Network News is published quarterly. Call or email to be added to News mailing list: 262-251-7333 admin@hopenetworkinc.org

HOPE Network offers Greater Milwaukee single mothers connections, resources, and opportunities to build self-reliance and strong families.

Free dental exams for kids

9am-noon Sept. 28 at Marquette School of Dentistry, 1801 W. Wisconsin Ave. (enter from south side of building)

For ages 1-16; must be accompanied by parent or legal guardian. Free dental exams, cleanings, fluoride varnish and treatments. First come, first served (arrive early).

Children can be scheduled for follow-up and routine care with participating providers. For more information on Give Kids a Smile program, call MPS Head Start, 252-0350.

Salvation Army Toy Shop registration

Individuals in Milwaukee County may register at four Salvation Army sites between Nov. 4-Dec. 6, but ONLY on certain dates.

To register, bring ID, proof of address, and for *each* child, proof of their birthdate. After registration, you will go back to pick up free toys for your children later in December.

Parents may register children through age 15.

Call your nearest Salvation Army to find out the days and times when they will be holding registration:

- Milwaukee Citadel Corps, 4129 W. Villard, 463-3300
- Milwaukee West Corps, 1645 N. 25th St., 342-9191
- Distribution Center, 5880 N. 60 St., 464-2971
- Milwaukee Cold Spring Corps, 2900 W. Coldspring Rd., Greenfield, 763-9797

Waukesha County residents: see p. 6 for information about Waukesha programs.



Two mothers enjoy a laugh at the HOPE Network picnic for members on Aug. 24. Also see pages 17 & 22.

AN EVENING OF HOPE

GET YOUR

Country On

FRIDAY, OCTOBER 4

5:30-10:00PM

Silver Spring Golf & Banquet Club

TASTY VITTLES, RAFFLES, AUCTIONS

Table of 8: \$480 Individual: \$60

REGISTER BY SEPTEMBER 25

AT HOPENETWORK.GIVESMART.COM

Single mothers: enrich your children's lives – and your own Join HOPE Network for just \$5 a year!

Apply and pay online at: www.hopenetworkinc.org
Or call 262-251-7333, and we will mail you an application.
Membership expires each year on Dec. 31.

Get More With Membership:

- Newborn support and crib program
- Email updates with news and occasional opportunities (like The Daisy Foundation makeovers, Summerfest concerts, & our picnic)
- Fun family opportunities (this summer: Milwaukee Art Museum passes, Brewers tickets, and Summerfest tickets)
- Special offers and connection through our online community (Facebook group)
- Free classified advertising in HOPE Network News.

We're still collecting silent auction items:

gift certificates for restaurants, stores, massages, golf, sports items, movies, or baskets for Oct. 4. Call ASAP to donate: 262-251-7333

HOPE NETWORK NEWS

Quarterly community resource publication
by HOPE Network for Single Mothers

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Mobile Legal Clinic

One-time consultation with an attorney offering free, brief legal advice on civil matters (family law, landlord-tenant issues, small claims, large claims, credit-consumer issues. Run by Marquette & Milw. Bar Assn. See other dates: www.mkemobilelegalclinic.com

Sept. 14 Mitchell Street Library, 906 W. Historic Mitchell St., noon-2pm

Sept. 19 Sixteenth Street Clinic, 1032 Cesar Chavez Dr., 5-7pm

Sept. 26 St. John's, 5500 W. Greenfield, 8:30-10:30am

Sept. 30 Sixteenth Street Clinic-Parkway, 2906 S. 20, 5-7pm

Consumer Rights Clinic with Legal Action of Wis

Free legal clinic for people who have unresolved debt issues, have frequent contact with debt collectors, or are considering bankruptcy as a debt solution. Consumer rights attorneys are on site to educate on consumer rights and answer debt-related questions. There are income restrictions to participate. Call 278-7722 to learn more and schedule to attend a session. Sept. 17 & Nov. 19, 3-5pm, Washington Park, 2121 N. Sherman Oct. 15 & Dec. 17, 3-5 pm, Zablocki Library, 3501 W Oklahoma

Car seats: purchase, help to install

-- **Children's Hospital of WI car seat program:** Low-cost car seats may be purchased through the Children's Hospital Car Seat Clinic. Supplies are limited, dependent on grant funding. For info & to make an appointment, call Central Scheduling: 607-5280.

-- **Greenfield Car Seat Program:** Through November, **free car seats** for WIC clients and other income-eligible parents living in Milwaukee County. Call the Greenfield Health Dept. at 329-5275 for an appt. Program does not run in winter.

Problems with public benefits?

Legal Action of Wis: free legal assistance for W-2, food stamps, medical assistance, childcare, or other public benefit problems. Also: family law, landlord/tenant, school problems. Call 278-7722, 888-278-0633 for times/location. Other help: Repairers of the Breach, 934-9305; Welfare Warriors Helpline: 342-6662

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Deadlines for news items for upcoming issues:

Nov. 25, Feb. 25, May 25, Aug. 25 email: pcbeck@sbcglobal.net

Keep our list updated

Even though you notified the post office with your address change, please call us with your new address! It's very important, and will allow us to continue sending this publication to you for free! Thanks!

Call us at 262-251-7333 or email admin@hopenetworkinc.org

See this newspaper on our web site

Have it at your fingertips, in your computer, for reference! A .pdf of the paper is on our site: www.hopenetworkinc.org

Go green! We can e-mail this paper

Contact us at admin@hopenetworkinc.org

Legal help, walk-in clinics

Centro Legal: attorneys provide free or low-cost representation for family law, criminal misdemeanor cases. Free short consultations for divorce, paternity, child placement, or child support issues every Wednesday afternoon; you must call 384-7900 for an appointment. Additional services are on a sliding fee scale. 611 W. National

Legal Aid Society free legal assistance for bankruptcy, civil rights, consumer problems, SS/SSI disability claims, healthcare power of attorney, wills, eviction, foreclosure, Municipal Court matters, IRS problems. Walk-in Intake 1:30-3:30pm Mon. & Wed. at 728 N. James Lovell St. Call for other locations: 727-5300

Marquette Volunteer Legal Clinics: Attorneys assisted by Marquette law students provide free, brief legal advice & referrals for non-criminal matters on a walk-in basis. Closed in Dec.

House of Peace 4-6pm Tues. Child support: 5-7pm 1st/3rd Tues 1702 W Walnut, 933-1300

United Comm Center 5-7pm Wed. Spanish/English. Child support: 5-7pm 2nd, 4th, 5th Wed. 730 W Washington. 384-3100

Milw Justice Center: 901 N 9. Rm G-9. Th 1:30pm and Fri 8:30am sign in; list fills fast; for Milw. Co. only. Th. 2-3pm landlord tenant matters 278-2910

Well Badger Resource Center: You have questions, we find answers. The Well Badger Resource Center provides health-related information and referral services to individuals, families, and health professionals. Certified specialists are available 7am-6pm M-F. Assistance is also available via email, text, online live chat, and Facebook Messenger. Call Well Badger at 1-800-642-7387, or email help@wellbadger.org. An online directory is available at www.wellbadger.org

Get help with FAFSA and receive financial aid for college

Students, inc. adults, beginning college Fall 2020 can get help completing their FAFSA (Free Application for Federal Student Aid). Starts at 6pm See website for what to bring www.collegegoalwi.org

Oct. 7: Washington HS, 2525 N. Sherman

Oct. 9: UW Waukesha 1500 N University Dr.

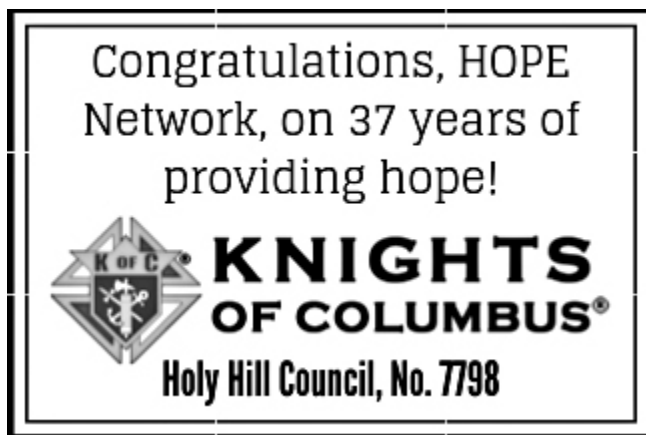
Oct. 16: Riverside HS, 1615 E Locust

Oct. 23: Oak Creek MATC, 6665 S. Howell

Oct. 23: School of Languages, 8400 W. Burleigh

Nov. 4: South Division HS, 1515 W. Lapham

Kids Kite Flying Class 10am-noon, Oct. 19. \$10. Boerner Botanical Garden, 9400 Boerner Dr, Hales Corners. 525-5653.



Second Saturday family gathering Sept. 14

Join the fun Sept. 14, Oct. 12, Nov. 9, and Dec. 14! 11am-1pm. All Saints Church cafeteria, 4050 N 26. Fun activities, tasty lunch, new friends, free books and gifts. Enter on south side between 25th & 26th. Bus lines 26/62.

Free bus picks up at 10:35am at 16th St. Comm. Health Center, 1032 S Cesar Chavez Dr. Returns at 1:30pm

A program of the Christ Child Society of Milwaukee.

Where to call for food, help

24-hour helpline: IMPACT 2-1-1 To find food pantries, shelter, meal sites, family resources, health & social services: Dial 2-1-1 (at pay phone, dial free: 1-877-211-3380) or Search online resource directory 211wisconsin.communityos.org/ Available by phone 24 hours a day, 365 days a year

Domestic violence 24-hr. hotline: 933-2722

(Sojourner Family Peace Center, which also has a shelter)

Also, Milw. Women's Center Emergency Shelter: 671-6140

Waukesha: Women's Center 24-hr. Crisis Line 262-542-3828

Parent Helpline, 671-0566

Support groups & classes and confidential phone counseling about any parenting issue. Referrals to parent education, support programs, home visiting, and community resources

Legal information & referral services -- also see page 2:

Legal Action of WI 278-7722. For MATC students 297-6630

Nonprofit Legal Services of SE WI/Milw & Wauk: 839-8899

Community Advocates: May help with rent, housing, prescriptions, security deposits, utility bills. 449-4777.

Bureau of Milw. Child Welfare, 24-hr. emergency no. to report child abuse for Milw County: 220-SAFE (7233)

Central City Churches Outreach, 9:30-3 M-Th. Resource referrals. See: "Emergency Food" listing on page 22. Our Savior's Lutheran Church, 3022 W. Wisconsin. 342-1522

Cudahy and St. Francis, zip codes 53110/53235 744-0645

South Milwaukee, zip code 53172 only: 764-5340

Waukesha resources are listed on page 6.

See p. 22-24 for food pantries, clothing banks

Are you pregnant, just had a baby or have children under 5? WIC can help you

WIC provides food, as well as nutrition information, to help keep families healthy. WIC supplies food vouchers for pregnant women, mothers with babies under 6 mos., and breastfeeding women of babies up to one year and their children up to age 5. Must meet income guidelines to qualify. 1-800-722-2295

Call 286-8820 to make an appointment at these City of Milwaukee Health Dept. WIC clinics:

Northwest Health Center, 7630 W Mill Rd.;

Keenan Health Center, 3200 N 36th St;

Southside Health Center, 1639 S 23rd St.

Other area WIC clinics:

Sixteenth Street Community Health Center WIC Program, 1337 S. Cesar Chavez Dr, 643-7554

MLK-Heritage Health Center, 2555 N. King Dr. 267-6650

Aurora Health Care, 1218 W. Kilbourn, Ste 207 219-3210

Seeds of Health, 1445 S. 32, 385-5611

Wee Care Day Care WIC, 3882 N. Teutonia, 449-8460

Wee Care Day Care WIC, 5825 W. Capitol, 449-8470

Wee Care Day Care WIC, 4630 W. North Ave. 873-8801

Cudahy Health Dept., 5050 S. Lake Dr., 769-2229

Greenfield Health Dept., 7325 W. Forest Home, 329-5243

West Allis Health Dept., 7120 W. National, 302-8642

Waukesha County WIC, 514 Riverview Ave., Waukesha, 262-896-8440

Keep active, stay healthy!

Yoga & dance: increase strength, endurance, flexibility

Free Yoga in the Park Morgan Triangle: 9-10am Sundays through Sept. 29. Led by Healium Hot Yoga. 3404 S. Kinnickinnic Ave.

Family Friendly Yoga in the Park, 9:30-10:30am Sept. 14, 21, 28. Pulaski Park Pavilion, 2677 S. 16. All ages & skill levels; mats provided. Free. By 16th St. Community Health Center, 897-5596

Yoga at Hawthorn Glen Nature Center. 5:30-6:30pm Sept. 18, Sept. 25, Oct. 2, Oct. 16. Meet at the main building, 1130 N. 60. Free. Bring your own exercise mat. Info: Erica, Milw. Rec. Dept. 475-8775. or mkerec.net/wellness

Learn a new dance with instructors from Mind, Body & Soul Dancers. No dance experience necessary. 4:30-5:30pm Nov 13 at Villard Square Library. Free.

Strong Bodies: 10-week strength training program in Waukesha for adult women and men. Improve muscle strength, bone density, balance, and range of motion. 4-5pm Mon. Oct. 7-Dec. 9. At Parents Place, 1570 E Moreland, Waukesha. Register early for this free program, and for free childcare: 262-549-5575

Everyone Plays!

If you live in the city of Milwaukee and you receive state or federal assistance like FoodShare or BadgerCare, your children may be eligible to receive a scholarship to pay for most classes in the Milwaukee Recreation Guide.

This includes arts & crafts, cooking, dance, fitness, language skills, music, outdoor education, sports, swimming and more! Limited scholarships available. Apply today! Visit mkerec.net/scholarship or call 475-8180 to learn more and complete the short application.

Fall into Health and Wellness event

9am-noon Oct. 19 at Marshall High School Community Center. Fitness classes, community resources, and health education will be provided by local organizations. Healthy snacks, smoothie making demonstrations, and raffle prizes. Free, drop-in program. (Enter door #10 on N. 64 & W. Hope. Info: Erica, Milw. Rec. Dept. 475-8775.

Twilight Centers

Safe places for teens to hang out with their friends; open to students ages 12-18. On Sat. eves. families may attend (all ages, but enrolled in school). Monday and Wednesday: 6-9pm. Saturday: 6-10pm (families welcome). Drop-in activities include game rooms, open gym, open swim, roller skating, movie nights, and youth enrichment activities. Free. Sites: Washington, North Division, South Division, Pulaski, Obama, Bay View, and Madison. 475-8811.

Activities, mentoring for boys

Operation Dream aims to provide a safe space and opportunities for learning and fun for boys from K4 through 8th grade. This free program includes transportation, meals, field trips, academic support and mentoring. Meets every Saturday (9am-2pm) at Holton Youth + Family Center, 510 E. Burleigh, from Oct. 5-May 16. To register, visit operation-dream.org.



Walking and Biking Club

10-11:30am Sept. 14, 21, 28. Walk or bike on the beautiful Hank Aaron State Trail. Get outside and enjoy nature while exercising with your family and community. Free. Meet in Mitchell Park Domes parking lot. Sixteenth Street Community Health Center: 897-5187.



Mother & Son Super Hero Night

5:30-7:30pm Nov. 9 It's a bird! It's a plane! It's the second annual Mother & Son Superhero Night from Milw. Rec. Dept! Come dressed as your favorite hero for an evening of games, crafts, and snacks. Moms and sons will participate in

Superhero Training and have the opportunity to take pictures at our prop stations. Info: 475-8811. Hamilton Community Center, 6215 W. Warnimont Ave. Fee for moms: \$15 for Milwaukee residents/\$23 for non-residents. Fee for sons (ages 1-10): \$5 for Milwaukee residents/\$8 for non-residents. Register online at MilwaukeeRecreation.net Activity Code: 2RCE3322 Walk-up registrations will only be accepted if space allows. 475-8811

Walking Club

This fitness program will give you a tour of Milwaukee. Each week you will start at a different coffee shop, walk the distance listed (1-2 hrs.) and end back at the shop for a coffee. See Milw. Rec. Guide for details. www.milwaukeeerecreation.net

Participants will be contacted on the day before their walk to receive details on an exact meeting location. Info: Erica, Milw. Rec. Dept. 475-8775. or mkerec.net/wellness

Sept. 17: South Shore Park	Sept. 24: Fiserv Forum
Oct. 1: Miller Park	Oct. 8: Lakeshore State Park
Oct. 15: Mitchell Park Domes	Oct. 22: Milwaukee County Zoo

Free Community Swim

Children 7 years and under *must* be accompanied and supervised in the water by a responsible adult. At Twilight Centers, ages 12 & under must be with adult. Must have a towel, suit and swim cap. Swim caps available for purchase at pool for \$2,

Bay View Twilight Center Swim; Mon, Wed, Sat; Sept 21-Nov 13; 6:05-7:15pm and/or 7:25-8:35pm

Gaenslen Elementary Family Swim Session; Wed; Sept 25-Nov 13; 6:45-8:15pm;

MacDowell (previously Juneau) Family Swim Sessions; Sat; Sept 21-Nov 9; 3:15-4:15pm

Pulaski Twilight Center Swim; Mon, Wed, Sat; Sept 21-Nov 13; 6:05-7:15pm and/or 7:25-8:35pm

North Division Twilight Center Swim; Mon, Wed, Sat; Sep 21-Nov 13; 6:05-7:15pm and 7:25-8:35pm

South Division Twilight Center Swim; Mon, Wed, Sat; Sept 21-Nov 13; 6:05-7:15pm and/or 7:25-8:35pm

Low-cost dental care in Meno Falls, Waukesha includes service to 5 Milwaukee zip codes

Waukesha County Community Dental Clinics provide dental care to area low income individuals at:

- N81W15062 Appleton Ave, Menomonee Falls
- 210 NW Barstow St., Ste. 305, Waukesha

Service is provided to those whose income falls below 200% of the Federal Poverty Guidelines, and do not have dental insurance, or have Medicaid insurance. Patients without insurance pay between \$25 and \$35 for the initial exam and cleaning.

Patients must live in the Community Memorial Hospital service area, which in addition to areas in Waukesha and Washington Counties, also includes Milwaukee zip codes 53218, 53222, 53223, 53224, 53225. wccidentalclinic.org 262-522-7645

A healthy, alcohol-free pregnancy: My Baby & Me participants receive free education and text message support from a trained pregnancy educator. Women who need extra help can receive free one-on-one coaching from a trained specialist. Interested in joining My Baby & Me? Ask your doctor or nurse, or call the Wis. Women's Health Foundation at 1-800-448-5148

Boys and Girls Clubs offer a Teen Pregnancy/STD Prevention Program.

START parent workshops are one of the key elements of that program. START: Sex Talk As Real Talk helps support parents begin the challenging conversation of sex and sexual health with their young teens. START also provides resources for additional, individual support. For more information or to schedule a workshop, contact Program Educator Madia Norton, 333-0985.

Founder's book sales benefit nonprofits

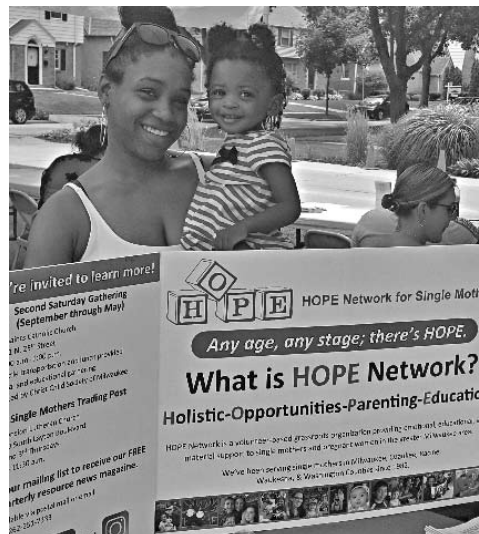
Gail Grenier Sweet's books are on Amazon.com: *Calling All Horses*, *Dessert First*, *Dog Woman*, *Don't Worry Baby*, and her latest: *Young Voices from Wild Milwaukee*. News editor Pauline Beck said: "Her books have benefited HOPE Network, and her newest book helps the Urban Ecology Center." For more information or to have her speak at your book club, church or civic group, contact her at gailgreniersweet@gmail.com



Select us as your charity, shop at AmazonSmile, and they'll donate 0.5% of the price of your purchases to us. It's the same as shopping with regular Amazon, except we benefit each time you purchase! Go to smile.amazon.com. When prompted for the charity name, enter our IEN number: 39-1475304. You may also enter HOPE Network but there are other charities with the same name.

Winter coats, hats, mittens needed

Winter is coming. If last year's coat is a little snug, it may be time to pass along. Remember the families at our Trading Post have a need for gently used winter coats, hats, and waterproof mittens. Bring donations to our office: Room 201 at Good Shepherd Church, N88 W17658 Christman Rd., Menomonee Falls. For other Trading Post needs, check out our wish list: <https://amzn.to/2HhyOdf> Don't forget to select us as your Amazon Smile charity!



Kayla Davis works the Neighborhood Share Fair booth for HOPE Network in July. She and other HOPE scholarship winners are asked to staff booths at resource fairs, do office work, and other volunteer services for HOPE.

Family Community Health Fair - Waukesha

4:30-7pm Oct. 2, Waukesha South High, 401 E. Roberta Ave. Services include: blood sugar & cholesterol screenings, childhood immunizations for those on Medicaid or uninsured, adult flu vaccines, blood pressure checks. Free meal, vendors, raffle, and giveaways. A bilingual event. Sponsors: Wauk. Co. Public Health Dept. & others

Free Saturday Clinic for the Uninsured

(1121 E. North Ave.) provides free health care through a team of physicians, pharmacists, & students at Columbia St. Mary's Family Health Center every Saturday from 8-11am. Appointments available and walk-ins (1st come/1st served) with many registering by 7am. Care includes pharmacy, lab services, mammograms, well-women visits, referrals to specialists, diabetic eye screenings, psychiatry, and dermatology. Call 588-2865 for pediatric appts (<18 yrs) or info.

First Breath: Helps pregnant women, new moms, and their family members quit smoking Participants receive free one-on-one counseling and support from a First Breath Quit Coach. Services include: home visits, phone calls, text message support, and smoking breath tests (to monitor progress). Participants receive Wal-Mart gift cards for completing sessions.

Interested in joining First Breath? Ask your doctor or nurse or contact the Wisconsin Women's Health Foundation at 1-800-448-5148 www.joinfirstbreath.org, or text "FB INFO" to 97779.

Healthcare providers interested in referring their patients or clients to First Breath should view www.providefirstbreath.org.



Resources in Waukesha County



Retzer Nature Center fun: p 13

La Casa De Esperanza Early Head Start

Free program for pregnant mothers, and for families with infants to age 3; 410 Arcadian Ave. Call Mary Beth 262-225-9091

*See Family Community Health Fair, Waukesha, on p. 5;
Women's Job Seminar on p. 7; Oktoberfest p. 11.*

Holiday help in Waukesha County

Waukesha County residents: Apply through your child's school, WIC, or another agency to be matched with a sponsor through Christmas Clearing Council. All families who meet income, residency, and custody guidelines will receive gifts from a sponsor or at the annual Toy Shop. Call 262-896-3390 for more information. Application deadline is November 15.

Christmas Children's Toys is a Salvation Army program for residents of Waukesha County. Last year, parents could register children through age 18 (if still in high school). Call for registration details, available in fall: 262-547-7367

Waukesha food, clothing, resources

Waukesha Co. only: Hope Center, 502 N. East Ave.; furniture, nurse, clothes, household items, 5:30pm meal M-W-F 262-549-8726 Hebron House of Hospitality: families/single women shelter, 812 N East Ave, 262-549-8722. Hebron, Siena & Jeremy Houses, no-interest loans, housing specialist, transitional living apts., expedite SSI/SSDI disability 262-549-8720.

Waukesha The Clothing Shop has casual clothing & career-type clothing. For residents of Waukesha Co. M-F noon-4pm, Tues. & Sat. 9:30-11:30am, and Wed. 6:30-8pm. HOPE Center 502 N. East Ave., 53186. 262-549-8726

Waukesha Co. Food Pantry: 1301 Sentry Dr. 1-3pm M-F, 6-8pm Th, 9:30-11:30am Sat for Waukesha County only 262-542-5300. 1st Call for Help crisis line: 262-547-3388

Waukesha St. Vincent de Paul Thrift Store, S30 W24836 Sunset Dr., 9am-8pm Mon.-Sat.; 11am-6pm Sun. 262-547-3281

Sussex-Area Outreach Services (SOS), in Civic Center Bldg, N64 W23760 Main St., Sussex. 5:30-7pm M 1-2:30pm W 10-noon Sat. Clothing bank household & small appliances. Must live in Hamilton school district. Food pantry/emergency services. 262-246-9860

Lake Country Caring: only for residents of Waukesha, Washington, Dodge & Jefferson Counties. Free clothing, hygiene products, household items, furniture and appliances. Must meet with intake volunteer to determine eligibility. 603 Progress Dr., Hartland. 262-367-6670

Child health & parenting services are provided free by the home visiting nurse program of the Waukesha Co. Public Health Dept.. Nurses can make referrals and help you with health care, dental care, counseling, transportation, and WIC nutrition. 262-896-8430
Prenatal care coordination Waukesha Public Health: 262-896-8430

Parents Place - Waukesha

1570 E Moreland, Waukesha. Register for classes, free childcare, Fees may be reduced or waived. Call for other classes 262-549-5575

Co-Parenting, redefining the relationship with your co-parent for the sake of the kids. 5:30-7pm Oct. 14, 21, 28.

Inside Out Dads program to help fathers reconnect with their children. 5:30-7pm with free dinner, Nov. 19 & 26 and Dec. 3 & 10.

Parenting in Recovery, 5:30-7pm Tues. Sept. 10-Oct. 15

Self-Regulation, 5:30-7pm Sept. 23 & 30, or Nov. 11 & 18 (pick one of the series). Helps kids develop healthy coping skills to use when stressed; ages 5-11 & their parents

Love & Logic Early Childhood, practical, effective parenting techniques for parents of infants through age 7, 5:30-7:15pm Sept. 24, Oct. 1, 8, 15 or Nov. 26, Dec. 3, 10, 17.

Parenting the Love & Logic Way, 5:30-7:15pm, Oct. 29, Nov. 5, 12, 19, 26.

Kids Managing Anger, 5:30-7pm Oct. 7, 14, 21. Parents meet with a facilitator while children meet separately.

Adult Anger, 5:30-7pm Oct. 9, 16, 23.

Teen Anger, 5:30-7pm Dec. 2 & 9, parent & child class.

Dealing with Tantrums, 5:30-7pm Nov. 4

Anxiety, for parents and teens 5:30-7pm Nov. 6 & 13.

Playgroups for parents, grandparents, primary caregivers & children. 9:30-11am every Wed. (Spanish group 9:30-11am Tues.) Free.

Triple P (Positive Parenting Program): Sit down with a Triple P accredited parent coach to problem-solve & get advice on a specific behavior problem. One-on-one or small group. Call for appointment.

Seminar Series at the Waukesha Library, all at 5:30-7:30pm:

-The Power of Positive Parenting, Sept. 23

-Raising Confident, Competent Children, Sept. 30

-Coping With Stress, Oct. 7

Register with Waukesha Library: 262-524-3680. 321 Wisconsin

Also: **Strong Bodies**, 10-week strength training program for adults, with free childcare. See info on p. 4.

The Women's Center - Waukesha

505 N. East Ave, Waukesha. 262-547-4600

24-Hour Hotline: 262-542-3828 or 888-542-3828

Open to all, including adult, child, & teen survivors of domestic & sexual violence. *Family Support Project* provides free counseling for stress/anger management, child development, positive parenting & life skills. Free childcare available. Call for workshop and support group topics, 262-547-4600, or visit www.twcwaukesha.org

Group for Survivors of Interpersonal Violence: Join other survivors of domestic and sexual violence to learn, share and grow in order to move beyond trauma. Instruction on a healing topic, and time to share and process with other group members. Free childcare by appt.

- See **Employment & Life-Skills** on p. 21

Housing Resources Inc., a HUD approved organization, offers workshops for homebuyers or homeowners (listed below). For more information, call 262-522-1230 or visit www.hri-wi.org.

Homeworks Workshops for first-time homebuyers. Real estate experts help buyers avoid common pitfalls when buying homes. Learn to improve credit, maintain savings, and budget. Hear about grants to help with down payment & closing costs. Sept. 17, Oct. 19, Nov. 16 or Dec. 14 at 217 Wisconsin Avenue #411, Waukesha, 10am-4pm.

Gramma Duty

A note to single grandmothers...

by Pamela Oberg-Sutton
aka Grammy Pammie



The struggle is real.
What a summer.

These kids ate me out of house and home!!!

We were without a vehicle all summer and that just added to the struggle. You know many people think I have a lot of money. Little do they know, I just look that way naturally.

If you really knew me, I'm just pretty thrifty. Oh, frugal I was told, but not cheap. (Verna 1987)

So, with that being said, let me tell you about my struggle to buy a car this summer. I didn't really want or need a big fat car payment. So I decided to stick with a budget of \$5,000. I wanted low mileage. I don't have a man in my life to help me out with this purchase either.

I don't know "squat" about what it is I'm supposed to be looking for. I know that any car should not be leaking oil, that's about it.

So I was afraid to buy from a private seller, for fear of buying a lemon.

I was afraid to buy from a dealer, for fear of paying too much.

All I wanted was a car with low miles, nice body, clean interior, and that was drivable.

So that took some time.

I finally landed a deal, August 30th. A deal that I felt comfortable with. Someone I knew, went to a car auction in Jefferson, Wis. and found me a WINNER!

I'm not going into detail on what happened to the car I had, that car I loved and cherished. The car that was supposed to last another five years!!! It was an all-wheel drive. I thought I was doing something. Making an impression?

You know everything happens for a reason. I believe it's God's will how we end up in some situations. It took time and patience to lower my standards and bite the bullet with a cheaper car. It was a lesson learned that was well worth the wait. Now I know why.

You see.....God deals each of us a different deck of cards, and it's how we choose to play those cards, that leads us to the successes and/or failures in our life.

Remember this.....Play your hand like it's your last!

Free job seminar to help you succeed:

Waukesha Women's Job Seminar, 8:30am-3pm Oct 18.

Join United Way in collaboration with Fidelity Investments for this FREE seminar to develop professional skills, find a job, or explore a new career. Topics: Create a resume that gets you noticed, develop strong interviewing skills, learn, how to build your network and maintain your focus, work one-on-one with professional mentors, and leave with the confidence you need to succeed. Free breakfast, lunch, giveaway. Register for this free seminars at: www.unitedwaygmwc.org At WCTC, 800 Main St. Pewaukee. Info: Jayne, 837-3180. See *Women's Job Seminar in Milwaukee County elsewhere.*



Quarles & Brady is proud
to support the **HOPE Network**
and their mission to help mothers
gain a sense of community, enhance
their parenting skills, and develop
self-reliance. We admire their service
and dedication to the Milwaukee,
Waukesha, Washington, Ozaukee
and Racine communities.

Quarles & Brady LLP

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Looking In, Looking Out

A column by
HOPE Network
founder
Gail Grenier Sweet



Former HOPE Exec Pat Byrne -- “It wasn’t about her.”

You often hear the phrase “It’s not about you.” I can’t think of any better phrase to describe Pat Byrne, HOPE’s longest-serving executive director, who died June 2 at age 76. She is survived by her husband, Ken, a son and three daughters, their spouses, and 13 grandchildren.

I just figured out why Pat was such a good fit for HOPE Network service. So many times I’ve read a HOPE member’s words: “I’m getting my education for my child” or “My life changed because of my child.” One member told me that she cleaned up her unhealthy lifestyle after she became pregnant. In other words, it isn’t about the mothers . . . it’s about their children.

That’s how Pat was. If I ever tried to engage her in a private conversation, she’d chat briefly and then get back to HOPE business... because it wasn’t about her!

Pat was a “game gal” who loved parades and would dance the hokey pokey at the drop of a hat. But ultimately, she lived to serve. Her own kids called her “Mother Teresa of Wauwatosa.” On her funeral card was this quotation from the real Mother Teresa, the woman famous for serving the poorest of the poor in India: “Let no one ever come to you without leaving better and happier. Be the living expression of God’s kindness: kindness in your face, kindness in your eyes, kindness in your smile.”

Pat was a social worker who served as our executive director for 10 ½ years, beginning in December of 1989. She worked full time for HOPE, earning around \$6 per hour. She retired just before she and Ken celebrated 35 years of marriage. At her funeral, Ken told me, “Pat loved HOPE.” The Byrne family designated HOPE as a charity of honor after her death, and people who loved Pat have donated more than \$3,000 thus far.

There will be a brief presentation honoring Pat during our fall FUNdraiser “Get Your Country On” Oct. 4.

Recalling the Pat Byrne years provides a sort of memory album of the HOPE services of old. We have modified those services to match

the reality of our current finances and workforce, always keeping our mission at the forefront.

Pat oversaw years of massive HOPE Christmas parties (*Pat on right below*) and free clothing exchanges (we now send holiday gift cards to members and host a permanent clothing bank, see p. 22).

At one clothing exchange, Pat welcomed 276 families who came for clothing of all sizes, baby equipment, household items, toys, books, baby food and formula, and diapers. She organized 13 cars



and vans to haul everything. We always swapped food for services in order to encourage giving and so that mothers didn’t feel like “beggars.” At one clothing exchange, mothers donated a total of 15 large cardboard boxes full of items for food pantries. (We continue to encourage giving; mothers donate food at our clothing bank.)

At one Christmas party, Pat welcomed 502 children and 187 mothers, all of whom received new wrapped personalized gifts, plus new socks and mittens or a hat.

Pat remembered one quilt show fundraiser where we had a record of 470 visitors. (We still feature quilts at our annual FUNdraisers.)

Pat arranged for speakers at years of monthly single mother forums. (We now partner with the Christ Child Society for Second Saturday events.) She also went to our farm outings (*see photo at left*) (We hosted a summer picnic this year).

In her HOPE News column, she wrote, “To all of the single mothers who have enriched my life through your friendships, enjoy your children – they grow so quickly!”

She also wrote, “I figure part of my ‘pay’ is in thanks . . . from moms who thank me for listening and offering a friendly helpful voice, from professionals who can get immediate help without ‘red tape,’ from donors who give inspiration and encouragement, and from children who seem so happy that they are with others, and who seem oblivious to much that happens in the outside world.”

She said the most rewarding part of her job at HOPE was “working with so many volunteers. We’ve shared many laughs and sorrows. They have been an inspiration. I’ve learned from many of them about my new role as grandma. And our board is composed of women who are hardworking and dedicated to helping others.” (We continue to have many loving volunteers and a wonderful board.)

She thanked her family for putting up with the cribs and other donations in the car and house and garage. (We still provide cribs, now brand-new portable cribs along with safe sleep education.)

She was prescient. She wrote, “The most challenging task in years to come will be to attract enough donors and sponsors to provide funding for our programs.” It’s true that we have had to modify our programs, but we’ll continue serving families headed by single mothers as long as we can...because it’s not about us!



Grant winner: Jessica DeRosier



My name is Jessica. My mother named me for her favorite character in the 1970s program, *Soap*. I decided I preferred “Jess” after I watched the first season. I was unimpressed with my namesake’s character and integrity.

My childhood dream was to be a scientist researching cures for diseases in the South American rainforest. As a full-time student at the University of Wisconsin-Milwaukee, I am making progress toward that dream. I am

halfway to earning my bachelor’s degree in biological sciences, with a focus on cell and molecular biology.

Seven years ago, my life changed profoundly. Following his deployment in Afghanistan, my husband, Jason, had trouble adjusting to family and homeport. I had attended Family Readiness Group meetings, which train spouses to understand and make the process easier. I was also used to adjustment periods from his previous two deployments, but this was different. Nothing I was trained to do seemed to help.

Although he showed every sign and symptom of PTSD, Jason was in denial. Our attempts at marriage counseling failed. I told his mother, but she didn’t pick up on it during their phone calls. I even went to his commander behind his back asking for help. They assured me they would talk to him. They never did.

Abruptly, Jason decided to get out of the Navy and move home to Wisconsin. I hoped the change would bring him peace. Unfortunately, things got worse. I tried to have him involuntarily committed. The VA told me they couldn’t help me because he had not threatened harm to himself or anyone else.

On January 11, 2015 Jason lost his battle

to PTSD and died by suicide. Our children, then 5 and 13, were devastated; I was devastated. Helping them through this terrible loss, while healing my own broken heart, has been the greatest challenge of my life. Jason was a good man, a good husband, and a loving father. One of the last things he said before he died was that he knew I would take good care of the kids. Even though he didn’t have faith in himself, he had faith in me, to stay the course, and do whatever needed to be done. Becoming the sole provider for our family inspired me to go back to school.

When I am not in school, I am working or spending time with my kids. Both are involved in multiple activities. Recently, my son graduated to Webelos in Cub Scouts, and my daughter was nominated for membership in the National Honor Society. We are all doing better and continue to strive for personal success while honoring our grief journey. My advice for other mothers comes from Winnie the Pooh. Christopher Robin tells Pooh, “There is something you must always remember. You are BRAVER than you believe, STRONGER than you seem, and SMARTER than you think.”

-- Every issue we publish a profile written
by our scholarship winners.

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MMT-0272-10

Take in a play or concert this fall

First Stage www.firststage.org

At Todd Wehr Theater, Marcus Center, State St.

-- *On The Wings of Mariposa*: Amidst the monarch butterflies' annual migration and Día de los Muertos celebrations, soar with Pilar on her journey in this bilingual world premiere play, discovering that "when you love someone, they never really leave you." Oct 18-Nov 10. Ages 5-17+. Tickets start at \$12.

Sensory Friendly Performance - 7pm Nov 9

Sign Language Interpreted Performance - 3:30pm Nov 10

Pay-What-You-Choose - 7pm Oct 22

-- *Elf: The Musical*, Based on the beloved 2003 holiday film. Nov 23-Dec 31. Ages 8-18+. Tickets start at \$19.

Sign Language Interpreted Performance - 1pm Dec 22

Pay-What-You-Choose - 6pm Nov 26

At Milwaukee Youth Arts Center, 325 W. Walnut St:

-- Elephant and Piggie's *We Are In A Play!* based on beloved children's books, Sept 21-Nov 3. Tickets \$14.

Sensory Friendly Performance - 3:30pm Oct 5

Sign Language Interpreted Performance - 1pm Nov 3

-- *The Winter's Tale*, False assumptions. Lost children. Truths revealed. Redemption found. Wonders appearing. First Stage's award-winning Young Company brings us this genre-defying tragicomedy from the Bard. Dec 6-15. Ages 13+. Tickets \$14

Pay-What-You-Choose Todd Wehr Theater: minimum \$5 adult or child; advance purchase by phone: 267-2961 (must mention "Pay-What-You-Choose") or at door (arrive early; doors open at 6pm).

Sensory Friendly Performances provide a welcoming environment with lower sound levels, lights up, and quiet areas. Contact the First Stage Box Office to reserve your space at 267-2961 or email ticketmanager@firststage.org

Children's Theatre of Wauwatosa

Oct. 26: Cinderella **Nov. 23: Super!** **Dec 2: Captain Bree & Her Lady Pirates.** 2pm. \$5. Ages 2-12. Longfellow Middle School, 7600 North Ave. Call in advance for groups/birthday parties: 527-0198

Sunset Playhouse: Aladdin Jr., 6:30pm Nov 3-4, performed by students in Grades 6-10. Super!, 10:30am & 2:00pm Nov 13-16. The Jungle Book, Kids, Nov 16-17. 800 Elm Grove Rd, Elm Grove. 262-782-4430

Pay-what-you-can nights: 1st come, 1st served

Milw. Rep: *West Side Story*, Sept 17-18. *The Nerd*, Nov 12-13. 108 E. Wells .Box office opens 5:30pm; shows at 7:30pm. 224-9490

Milw. Chamber Theatre: *Jeeves at Sea*, Nov 27. A murder mystery on the high seas. Show at 7:30pm. Tickets on sale an hour before performance. Studio Theatre, 158 N Broadway. 276-8842

Saturdays at Central: Family programs every Saturday 10:30am encourage young children to explore and have fun. Central Library, 814 W. Wisconsin Ave. Free theater performance **Nov 2:** Sunset Playhouse presents *Super!*

Oct 5: Viva Yuyi: 10:30-11:15am at Central Library. Celebrate Mexican American children's author Yuyi Morales as we read some of her picture books and make art inspired by her illustrations.

Symphony Sundays

Classical Music for All Ages by the Festival City Symphony

Esplanade: Pictures at an Exhibition: Sept. 22;

Tales and Impressions, Nov 10.

2pm concert; 1:45pm pre-concert activity to help children become familiar with the music they are about to hear. Appropriate for children in second grade and older. \$14 adults/\$8 kids & seniors

A season Family Pack admits an entire family to all four Symphony Sundays concerts for \$75. Pabst Theater, 144 E Wells. 262-853-6085



Classical pops
concert for
children --
FREE!

7-8pm Dec. 4

Free interactive concert by the Festival City Symphony
Holiday Jamboree concert will feature traditional holiday music as well as poems of the holidays set to music Dec 4. 7pm. Attendees are encouraged to bring a nonperishable food donation for the Hunger Task Force. Geared to children K4-Grade 5 and their families. Casual attire, pajamas, blankets, teddy bears welcome. Bradley Pavilion of the Marcus Center, 929 N. Water St. 365-8861

Sturgeon Fest 11:30am-3pm Sept. 28. This free family festival offers games, activities, food trucks and a chance to help the environment by releasing baby sturgeon into Lake Michigan. Lakeshore State Park, 500 N. Harbor Dr., 53202 (south of Summerfest)

Schlitz Audubon Nature Center will be free on Doors Open Sunday, Sept. 29. Naturalist-guided hikes at 11am and 2pm. Live animal encounters 10am-3pm and meet and greet with birds from our raptor program noon -2pm. Climb the 60-foot observation tower. 1111 E Brown Deer Rd. 352-2880

130 YEARS OF ENRICHING COMMUNITIES.

Northern Trust is proud to support HOPE Network. For 130 years, we've been meeting our clients' financial needs while nurturing a culture of caring and a commitment to invest in the communities we serve. It's all part of being a good neighbor.

FOR MORE INFORMATION CONTACT

James S. Reeve, III
Senior Vice President
414-905-7766 or jsr3@ntrs.com
northerntrust.com



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Fun things to do

Milw. Co. Parks Information: 257-7275

Free or reduced admission days for Milwaukee County residents with proof of residency:

- The Domes: free on 1st Thursday of the month 9am-5pm.
- Zoo: see Zoo article on p. 14 for reduced rates

Free to anyone; need not be Milw Co. resident:

- Milwaukee Public Museum: Free 1st Thursday of month
- Milwaukee Art Museum: Free 1st Thursday of the month

Nov. 16: Veterans Day Parade 11am start. Possibly the last large parade for this day in Milwaukee, this year honoring WWII veterans. Floats, marching bands, veterans & civilian groups, military units & equipment. Check bit.ly/2Nz8Rcw for details as date gets closer.

Waukesha Oktoberfest, Sept. 27-28, Frame Park. Crafts & games 5-7pm Fri. and 1-5pm Sat. At 2pm Sat., giant Oktoberfest cake will be cut; free slices to first 400. Shuttle from courthouse, 515 Moreland Blvd. Shuttle riders will receive a token to redeem at the Culvers tent for a free scoop. 1150 Frame Park Dr. Info: 262-524-3737. Free.

Mexican Independence Sept. 15 10am parade starts at 20th St & Oklahoma Ave. Down Oklahoma to 6th, left on 6th, right on Rose-dale, end at UMOs Center, 2701 S. Chase for festival, noon-8pm. Music, dancers, carnival rides, prize drawings, children's activities, exhibit, booths, crafts, food, merchandise, and more. 389-6002

Potawatomi's Annual Hunting Moon Pow Wow: Celebrate Native American culture/traditions with dancing & drumming competitions, arts & crafts, traditional foods. Oct 18-20. Grand entry: 7pm Fri; 1 & 7pm Sat; noon on Sun. Free. Wisconsin Center, 400 W. Wisconsin 847-7320 or bit.ly/30CBwkz

Dia de Los Muertos: celebrate loved ones



-- **Walker's Point Center for the Arts**: 27th Annual Dia De Los Muertos Exhibition, Oct. 18-Nov. 16. Longest running Dia celebration in Milwaukee, with altars/offering created by community groups and members. 839 S. 5 St.

-- **Latino Arts Gallery** Oct. 12 to Nov. 22, ofrendas (altars) prepared by local, regional, and international artists. 9am-8pm M-F.

\$1 gallery admission. Opening reception: 5pm Nov. 1

Café con Arte: 8:15-9:15am Oct. 23 Gallery tour w/artistic director; coffee & churros. \$3. Register: 384-3100 1028 S. 9.

-- **The Domes**, 6-9pm Oct. 25. Mariachi band and dancing in the Show Dome; free crafts and face painting. Kids can interact with and have photos taken with characters in costume. The evening will be infused with educational opportunities to learn about this rich cultural event that is quickly gaining popularity all over the country. \$8 adults, \$6 children (free if under 5). 524 S. Layton Blvd. 257-5608

Science Bag free series of interactive performances for ages 8+ that connect science to everyday life. Room 137 UWM Physics Bldg; Kenwood & Cramer St; 229-4561. **Cooked: Science in the Kitchen** Nov 1, 8, 15, 22 & 29 at 7pm and Nov 10 at 2pm

Lost Arts Festival: A Celebration of our Working Past 11am-3pm Oct. 5, Grohmann Museum. A blacksmith, shoemaker, glass founder, weavers, spinners, master painters, and others all share their expertise and demonstrate their techniques for the creation of Lost Arts. Live music by Frogwater. \$5. Kids under 12: free. 1000 N. Broadway

Harley-Davidson Museum: Free Oct. 18, 5-9pm on Gallery Night. Reg. cost: \$22 adult / \$8 ages 5-17. 400 W Canal 877- 436-8738

“Witch” Halloween event will you choose?

Bay View Pumpkin Pavilion Humboldt Park, 3000 S Howell. Oct. 16-20. Display of 1,000 lit pumpkins, pumpkin carving, local food, live music. 403-8003

Trunk Or Treat Wauwatosa near the Recreation Dept, 12011 W. North Ave. Those interested in decorating their trunks and handing out candy in the Fisher parking lot should register online by Oct. 11 at www.tosarec.com Children must be accompanied by an adult, and can trick-or-treat to the vehicles. 10am-12:30pm Oct. 19.

Twilight and Treat: 4:30-8pm Oct. 26. Free drop-in event by the MPS Rec. Dept. Trick-or-Treating, games, activities, arts & crafts. Bay View, Madison & Washington High Schools. 475-8811

Meno. Falls Halloween Family Fun Night Oct. 18-19. 6-9pm. Hayride, drumming, cookies and apple juice/cider, temporary tattoos, story reading, roasting marshmallows, crafts, trick-or-treating. Pumpkin for every child. Live music. 3 yrs & up \$5, under age 3, \$2. Old Falls Village, Menomonee Falls. SW corner of Pilgrim/ Q. 262-250-3901

Halloween Glen: Oct. 11-12. Humorous and educational outdoor adventure by Milw. Rec. Dept. A non-scary alternative to haunted houses. Geared for ages 3-12 plus parent/guardian. Bus from MPS

Central Services, 5225 W. Vliet St. Interactive skits at 8 decorated stations, Halloween cartoons, crafts, purchase refreshments. Fri. 5:45-8:30, Sat. 4:30-8. \$6. 2 and under free.

Tyke Hike includes 4 stations plus all other activities. Sat. 4:30pm, \$3. 647-6050. Register in advance: milwaukeeerecreation.net

Haunted Halls at Neighborhood House: 6-8pm Oct. 24-25. Prepare to be scared! Halloween fun for the whole community, including a haunted house, crafts, and light snacks. Not-so-scary-area too! No registration needed. \$3/tour. Neighborhood House, 2819 W. Richardson Place, off 27th St., one block south of W. State.

Fear District (Fiserv Forum plaza) free Halloween movies in The Beer Garden 7pm Thursdays: *Halloween*, Oct. 3; *Texas Chainsaw Massacre*, Oct. 10; *A Nightmare on Elm Street*, Oct. 17; *Scream*, Oct. 24; and *Friday the 13th*, Oct. 31. Also Th-Sun Sept 26-Nov 3 haunted house (\$20 age 13 & up; \$15 12 & under), face-painting, games.

Pumpkin Exploration Story Time: We'll read about pumpkins together, and then a full sensory experience will allow you to touch all parts of a pumpkin. Includes a pumpkin craft to take home. Ages 3-7. Zablocki Library, Oct 25, 10:30-11:30 am

ART workshops ART free classes ART camps

Walker's Point Center for the Arts

839 S. 5 St. www.wpcamilwaukee.org 672-2787.

- **Free After School Art Classes** 3-6pm Tues.-Fri. Open to students of all abilities, ages 6-12. Must register at 1st drop-off, or in advance online. Projects explore painting, drawing, clay, printmaking, fiber arts.

- **Afternoons with Art (AWA)** On days when MPS is closed, programming is offered for ages 6-12. The workshops are \$5-\$20 depending on what is being offered. Class size is limited; advance registration is highly recommended oscar@wpcamilwaukee.org or 672-2787

Milwaukee Art Museum

Free to all 1st Thurs. of the month 10-8pm. Reg. admission: \$19 adult; ages 12 & under free. Wis. K-12 teachers free

Family Sunday: 10am-4pm Oct. 13 *Día de los Muertos*. Celebrate loved ones through art making, music, and more during this annual cultural event. Explore the colors and symbols of Day of the Dead in hands-on art activities, and enjoy folkloric dance by Dance Academy of Mexico. Bring a picture or write the name of someone special who has passed away to add to the community ofrenda.

Family Sunday: 10am-4pm Dec. 8 *Artful Holiday*. Discover the art of printmaking in the exhibition *Landfall Press: Five Decades of Printmaking*, meet area printmakers and watch demos. Then, learn how to make your own prints, using a variety of techniques; bring them home to frame or give as holiday gifts. Music.

Family Sundays are free for Boys and Girls Club members & their families with membership card or invite sheet. Also free to ages 12 & under, but must be accompanied by adult paying \$19 admission.

\$20 Family Access Membership

For just a few dollars more than the price of an adult ticket, the Family Access membership offers a year of unlimited Museum admission for two adults and children 17 and under. Anyone who uses WIC, FoodShare, BadgerCare, or Medicaid is eligible. 224-3284

Doors Open Milwaukee Sept 28-29 10am-5pm. Increases awareness of the history, architecture and preservation of buildings. Free tours of 160 buildings. Kids & Families Passport Program has 24 family friendly sites: Havenwoods, Firehouse Station 1, The Federal Courthouse, and many more. Set destinations as "Favorites", and click the star on the right side of the website to see those locations conveniently on a map. 277-7795. doorsopenmilwaukee.org/

Free events at Lynden Sculpture Garden

2145 W. Brown Deer Rd. 446-8794.

Urban Forest Fest: 10am-4pm Sept. 21. Sawmill demos, supervised tree climbing for kids, urban wood furniture makers, info fair, food trucks, hands-on art, and nature activities. Park at the Park & Ride located just to the west of the Brown Deer Road exit of I-43. A shuttle takes you to Lynden.

Doors Open Milwaukee: 10am-5pm Sept 29. Lynden joins Historic Milwaukee's annual celebration of art, architecture, culture, and history with a day of behind-the-scenes tours, self-guided scavenger hunts, and activities. No shuttle; park in lot.

Above the Clouds free classes

Various sites thru Dec 13. No classes week of Nov. 25. Offers Christian-based free arts education programming for ages 5-17. 344-3019

- **Greater Life Comm. Center**, 2432 N Teutonia, Condo 2, Ste 100
Modern Dance 1: Tues. 6-7pm; must be in ballet levels 4-6

Hip Hop: Wed. Beg. 5:30-6:30pm; Adv. 4:30-5:30pm; ages 9-15

Beg./Intermediate Martial Arts: Wed. 5:30-6:30pm; ages 9-15

Beginning Ballet; Tues. 5:15-6pm & Wed. 4:30-5:15pm; ages 5-8
Seven classes of ballet levels 1-8: Tues. thru Thurs; call for info.

-- **Journey House** (6100 N. 42 St);

Cheer Camp: 4 classes, Oct. 7, 14, 21, 28; 4:15-5pm; ages 8-14

--**New Beginnings Are Possible** (6100 N 42)

Beginning Ballet: Tues. 5:30-6:15pm; ages 5-8

--**Silver Spring Neighborhood Center** (5460 N. 64)

Beginning Hip Hop: Wed 4:30-5:15pm; ages 5-8

--**Eastbrook Academy** (5375 N. Green Bay Rd)

Ballet Level 1: Mon. 4-5pm; Ballet Level 2: Mon. 5-6pm

True Skool After-School Urban Arts Program



MUSIC~ART~DANCE~COMMUNITY

Mandatory Orientation Oct. 12, at 161 W. Wisconsin Ave., Ave, Suite 1000 (lower level). Free program.

True Skool offers students (ages 14-19) skill-based art classes and workshops on music and video production, visual arts, breakdance, the art of emceeing and deejaying. Also, sessions on community building, film screenings and guest presenters on such topics as social justice and professional development. The program begins Oct. 16 and runs every Tues., Wed. and Thurs. 5-7pm (until Dec. 13). To register, visit trueskool.org or attend the open house on Oct. 1 at 5pm-8pm. Check website closer to the date for orientation time.

Art program at the libraries

A drop-in program designed for children in Grades K5-5, although older siblings are welcome. Each visit begins with an A.W.E. artist reading aloud a story or two and then discussing the book or illustrator. Participants will then work on imaginative art activities relevant to the book or artistic theme for the day. Families are encouraged to attend and make art together!

Atkinson - Tuesdays, Sep 24, Oct 1, Oct 8, 15, 4-5:30 pm

Bay View - Thursdays, Oct 3, 10, 17, 24, 4-5:30 pm

Capitol - Wednesdays, Nov 27, Dec 4, 11, 18, 5-6:30 pm

Center Street - Saturdays, Oct 5, 12, 26, Nov 2 1:30-3 pm

Central - Saturdays, Dec 7, 14, 21 2-3:30 pm

East - Fridays, Oct 25, Nov 1, 8, 15 4-5:30 pm

ML King - Nov 4, 11, 18*, 25, 4:30-6 pm and 2-3:30 pm on Nov 18

Mitchell Street - Wednesdays, Oct 16, 23, 30, Nov 6, 4:30-6 pm

Tippecanoe - Fridays, Sep 27, Oct 4, 11, 18, 4-5:30 pm

Villard Square - Thursdays, Oct 31, Nov 7, 14, 21, 4-5:30 pm

Washington Park - Mondays, Sep 30, Oct 7, 14, 21, 4:30-6 pm

Zablocki - Saturdays, Nov 9, 16, 23, 30, 2-3:30 pm

Family nature fun

Havenwoods Environmental

Awareness Center 6141 N Hopkins/1 block west of Sherman on Douglas/527-0232 All events are free. Most are not for day care centers or organizations. Call to arrange group program.

Drop-Ins: nature activities, crafts and games for families and youth groups; 9am-3pm; *Sept. 14 & 21:* Discover City Trees; *Oct. 12 & 19:* Discover Spiders; *Nov. 9 & 16:* Ready for the Big Chill (plant & animal winter survival).

Family Hikes: 10:30-11:30am *Oct. 5:* Spider Hike; 7-8pm *Nov. 2:* Habitat Hunt.

Nature Time for Preschoolers ages 3-5 w/adult; 9:30-10:30am; *Sept. 24:* Seeds on the Go; *Oct. 8:* Home Sweet Home (where animals live); *Oct. 22:* Pumpkins are Golden Treasures; *Nov. 5:* High Flying Hawks; *Nov. 19:* Scampering Squirrels.

Doors Open Milwaukee: Take a 30-min. walk with naturalist at 11, 12 or 2pm *Sept. 28 & 29:* see Wis. reptiles and amphibians.

Hiking: Come for your own walk in the park any day between 6am and 8pm.

Retzer Nature Center

S14 W28167 Madison St, Waukesha. Register ahead at waukeshacountyparks.com or 262-970-6680

Apple Harvest Festival: 9am-4pm *Sept. 22.* \$10 per carload. This autumn family festival has a traditional heritage theme, with a nature passport experience, art & craft exhibitors, apple cider, apple market, homemade apple pie, children's games, hayrides, concerts, family-friendly beer garden, live music, planetarium..

Howl-O-Ween, 6pm-8:30pm *Oct. 18,* For families & ages 10 & younger, \$15 per carload. A Halloween-themed evening filled with scare-free entertainment and activities. Night hikes, campfire stories, planetarium shows, children's games and crafts, a DJ dance party, and food & beverages.

Science Fest Saturday, *Nov. 2,* 1-4pm. \$4 per person or \$15 per family (age 2 & younger are free). Hands-on activities, hikes, and planetarium shows.

Wacky Wednesday - Early Release Day *Oct. 30* 2-4:15 p.m. Looking for something wacky to do on early release day from school during Halloween week? Planetarium show, nature program and a snack. For ages 5+. \$6. Register by *Oct 25.*

Regular Programming: Register by Friday prior to the program & dress for the weather for all programs. **Wee Wonders:** Ages 2-4 with an adult; 9:30-10:30am; \$4 per class; *Oct 8/9, Nov 12/13, Dec 10/11.* **Retzer Rangers:** Ages 5-7 with an adult; 4:30-5:30pm; Arrive by 4:20pm; \$4 per class; *Oct 14, Nov 11, Dec 9*

Free family year pass: Riveredge Nature Center

Free family pass to Riveredge Nature Center to ALL fourth graders. Includes access to all trails, programs & festivals, discounts on camps & rentals, day passes for 6 friends/family, 4 free day passes to YMCA (Port Washington) & admission to 140 nature centers in the US. Located outside Saukville, 30 mins from Milw. 262-375-2715



FREE admission to Betty Brinn Children's Museum 5-8pm *Sept 19, Oct. 17, Nov 21, Dec. 21:*

Enjoy access to all of the Museum's hands-on exhibits, and stop by the Be A Maker space to find tools, equipment, and materials that make it fun to tinker and create.

Some Assembly Required, new traveling exhibit *Oct. 19-Jan. 5* engages children in fun and challenging activities.

Sendik's Day Nov. 30: Starting *Nov. 9,* shoppers can visit a Sendik's Food Market and purchase select products, then show their receipt at the Museum on *Nov. 30* to receive one FREE admission per product. Visit bbcmkids.org later for details. Example of a past product purchase: 8 oz. of shredded cheese (worth one \$9 admission)

Weekly programs encourage caregivers and young children to interact and have fun together. Learn tips about supporting your child's development during the critical years from birth through age 5.

- **Tot Time** for ages 1-3, 10:30-11am *Thurs.* songs, stories, games.

Adults, children age 1 & older: \$9. Younger than 1 year: free. Parking lots that have discounts are shown on bbcmkids.org; get voucher at museum desk. 929 E. Wisconsin Ave. 390-5437

Maker Faire, free on *Sept. 14* and 10am-5pm *Sept. 15,* A celebration of innovation and DIY culture. One exhibitor, Beauty and the Bolt, provides STEAM education for young women and minorities, and will feature hands-on projects that explore 3-D printing, laser cutting, soldering, and engineering. Wisconsin Center, 400 W. Wisconsin Ave. milwaukee.makerfaire.com

Wehr Nature Center

Whitnall Park, 9701 W College Ave; \$3.50/day to park; 425-8550.

Free admission; fees apply for some programs. Naturenants & Little Wonders programs are \$10 (if Milw. Co. resident); check dates on Center's calendar.

Pop-up Nature: Want to explore nature with your children but don't know how to get started? Naturalist-led activity at each session from 1-1:30pm, followed by self-guided activities at your own pace. Each program has a different theme. *Sept 29, Nov 17.* \$5 per family. Registration required 2 days prior to program. 425-8550

Bug Day 1-4pm *Sept 22,* \$3 per person. Explore the wonderful world of invertebrates thru Show, Tell, & Touch displays featuring live critters from Wis. and across the globe. Dress like a bug in kid-size costumes, see a live insect zoo, try creepy crawly cuisine.

Cider Sunday, *Oct 6,* 11:30am-4:30pm, \$3 per person. 2 yrs. & younger are free. This popular event features cider press demos, free cider tasting, live music, crafts for kids, guided nature walks and lots of yummy food. Apples from Patterson's Orchard will be for sale.

Halloween Haunts, *Oct 17-19,* 6:30-8:30pm. \$7 per person for Milw. Co. residents. Ideal for families with ages 4 to 10. Enjoy hundreds of exquisite jack-o'-lanterns. Learn from friendly characters in the Enchanted Forest. Also, magic show, carnival games. Advanced tickets required. Buy your tickets early; they ALWAYS sell out. Ticket sales online starting *Sept. 23* www.friendsofwehr.org

\$5 special price for matinee version in separate, more accessible area on *Oct 19,* 2-3:30pm (can pay at door). Age 1 and younger free.



Belle, a 38-year-old female African elephant, will be moving to the Zoo this fall.



ZOO discounts & events

Family free days: Oct 5, Nov 2, Dec 7: admission is free but must pay for parking. **Thanksgiving Day** is free for Milw. Co. residents with ID, 9:30-2:30pm.

Reduced admission on Wed for Milw. Co. residents with ID is Adults \$10; 3-12 \$7.50. Other days, Milw. Co. residents w/ID save \$1.75 off regular admission.

Regular admission thru Oct 31 (except for events below): Adults \$16.25; 3-12 \$13.25; 2 & under free. Parking \$12. 771-3040

Reg. fees: Nov 1-Dec 31: adults \$13.75; 3-12 \$10.75; 2 & under, free.

Boo at the Zoo: Oct 18-19. Take a ride on the "Raven's Rail" train and check out hundreds of carved, glowing pumpkins! 6-9pm. Adults \$10.25, 3-12 \$8.25; incl. parking. Must purchase tickets in advance

Halloween Spooktacular. Oct 25 6-9pm & Oct 26 9am-9pm. Thrilling boos, and costume parade in trick-or-treat haven. Adults \$10.75 adults; \$8.75 children; \$12 parking

Fantastic Forest. Dec 7-29. Call for admission prices.

Urban Ecology Center

At all 3 branches

Botany Walks: Walk and learn about native plant botany. Dress for the weather. Adults and teens. Free, but \$5 donation suggested.

9-10:30am Sept. 20, Oct. 18 at Washington Park

9-10:30am, Oct. 11 at Riverside Park

9-10:30am Oct. 4 at Menomonee Valley

UEC - Riverside Park 1500 E. Park Place. 964-8505

Monday Nature Rangers: 4-5pm Mondays; Sept 16, 23, 30; Oct. 7, 14, 21, 28; Nov. 4, 11, 18, 25. Nature-focused after school program for kids 5 and older. Sliding fee starts at \$14 per month.

Fall Night Fun 5:30-7:30 pm October 25 Autumn celebration including pumpkin carving, night hike and marshmallow roasting. All ages. Sliding fee starts at \$7 each.

October Adventure Day: Oct. 28 and **November Adventure Day:** Nov. 18. Both **November Adventure Day:** 9am-4pm. "No school" day of hiking, biking and playing in the park. Bring a lunch and dress for weather. Kids 1st-6th grade, divided into two groups by age. Sliding fee starts at \$35 for each day.

UEC - Washington Park 1859 N. 40, 344-5460

Autumn Celebration Nature hike, crafts, caramel apples, pumpkin carving, canoeing. 10am-2pm Oct. 12. All ages. Free.

Kayaking for Beginners: 10:30am-noon Sept. 14. Learn the basics of kayaking before practicing on the Washington Park Lagoon. Adults and accompanied children. Sliding fee starts at \$14.

Alice's Garden 2136 N 21 St. 687-0122. Also see Facebook

-- Yoga in the Garden: Tues. thru Sept 24, 6-7pm. Free. All skill levels welcome. Children should be accompanied by adults.

-- Learning From The Master Gardeners, 6-7:30pm Sept. 24. Hear tips & hints from their wealth of gardening knowledge. You do not have to be a gardener at Alice's Garden to participate.

-- Belly Blessings With Venice Williams 3-6pm Sept. 22

-- Vegan Lunch & Labyrinth Walks: 11:30am Sept. 26, Come to the garden for a vegan meal, prepared by Alice's Garden Chef Zakiya Courtney, and enjoy a mid-day walk in the labyrinth. Lunch is \$10. Carry-out available.

Milwaukee Public Museum

Free admission to all on 1st Thursday of the month. 278-2728 Open 'til 8pm that night (although butterfly wing closes 4:30pm) Milw. Co. residents w/ID get \$2 discount every day. Free to veterans/members of the military: **Veterans Day, Nov. 11. 800 W Wells.**

Spiders Alive! Oct. 5-Jan. 12. Explore this exciting eight-legged exhibit with 17 species of live spiders from around the world.

Native Americans Theme Day: 11am-3pm Nov. 16. Programs, activities will explore how First Americans survived and thrived while shaping US. history and transforming the rest of the world.

Special Black Friday Programming: Nov. 29 11am-3pm

European Village Alive! Dec. 13-14. Learn about European holiday traditions from costumed interpreters

MPM Affordable Adventure membership costs \$65: includes all the benefits of a Classic membership (\$115). Application at mpm.edu

Canoe the Lagoon: 1-3 pm Oct. 5. Last canoe program of the season. For adults and teens. Sliding fee starts at \$15.

Young Scientists Club Outdoor adventures, science experiments, cooking, gardening, field trips activities range from hiking to helping with research to caring for the Center's animals. 4-6pm Tues-Fri. 1-4pm Sat. For ages 5-12. \$15 annual membership.

UEC - Menomonee Valley 3700 W Pierce St, 431-2940

Dia de los Muertos (Day of the Dead Celebration) 6-9pm Nov. 1 Food, educational tours, ofrendas (bring your own), Aztec dancers, live music and activities by Kohl's Color Wheels. All ages. Free.

Pumpkin Carving 10-11:30am Oct 26 Tools and pumpkins provided. For families with kids ages 5-12. Sliding fee starts at \$7

Terrarium Making Workshop: 10-11:30am Nov.16 Make a terrarium from recycled jars, materials provided. For adults & families. Sliding fee starts at \$7

WERQ Dance Fitness, 6-7pm Tues. Session 1: Sept. 3-24, Session 2: Oct 1-22, Session 3: Oct. 29-Nov. 19. Dance fitness workout. Adults and teens. Sliding fee starts at \$10/ 4 wk session.

Young Scientists Club Outdoor adventures, science experiments, cooking, gardening, field trips 4:30-6:30pm Tues & Thurs; 1-4pm Sat. for ages 5-12; \$15 annual membership.

Campfire Stories Specially curated presenters share their stories of transformation. Geared to adults, but OK for youth. Don't forget a chair or blanket! Free: hot chocolate, Rishi Tea, s'mores ingredients, pizza samples. 6-7:30pm Sept. 25. Menomonee Valley Community Park. 212 S 36. Register at bit.ly/2lsQnOW Free.

Parenting groups, fun activities at family centers

The Parenting Network



The Parenting Network seeks to empower anyone in a parenting role to provide a safe and nurturing home for their children -- parents, grandparents or other relatives raising children. Programs are held throughout Milwaukee County and at our home site, 7516 W Burleigh St. Check website for additional sites and dates: www.theparentingnetwork.org To register for classes call 671-0566.

Welcome, Baby! the first years of your child's life are the most important. For expectant moms, caregivers and grandparents with children under age two. Provides weekly group support, education and resources. Additional one-on-one sessions address individual parenting concerns. Childcare provided. Free. At The Parenting Network 7516 W Burleigh. 10-11:30am Thurs. Registration is ongoing.

Triple P Parent Support Coaching you love your kids, so why is it sometimes so hard to love being a parent? Sit down with a Triple P accredited provider for thoughtful advice on a specific problem. Call for an appointment, 671-0566. For parents of ages 2-12. FREE

Positive Parenting enhance your parenting knowledge through focused discussions on child development, nurturing family routines, self-esteem, non-violent discipline and techniques to manage stress. \$30 fee. Child care provided. Ongoing 10-week sessions, offered 3 times each week:

- St. Josaphat Basilica, 2322 S. 7 St., 6:30-8pm, Thurs.
- The Parenting Network, 7516 W Burleigh, 6-7:30pm Wed.
- The Parenting Network, 7516 W Burleigh, 10-11:30am Tues.

Dad Matters 24/7 Every child has a place inside that only a dad can fill. Ongoing 10-session series, 10-11:45am Sat. at The Parenting Network, 7516 W Burleigh, \$30. No child care available.

Stewards of Children: Workshop provides you with the tools to help prevent the sexual abuse of children. Free to parents. Oct. 11, 9:30-noon at The Parenting Network, 7516 W Burleigh

Parent Café's Join us for conversations with other parents! We believe in strengthening, supporting and celebrating parents. These peer-to-peer support and learning groups are offered in Muskego Way, Metcalfe Park & Harambee neighborhoods. For info: Andrea Libber 671-5575 x12. Cafés are FREE and open to the public. Registration required for childcare.

Strengthening Families internationally recognized program designed to strengthen family relationships, reduce problem behaviors, and alcohol/drug abuse in children. For parents, caregivers and ages 10-14. You and your youth will enjoy a meal, activities & conversations designed to bring you closer. Call to get on list -- fall program

Parent Helpline free confidential phone line for parents and caregivers. Contact Parent Helpline for parent support, resources or to register for programs, 671-0566.

SAFER Choices *Dating, Communication, Respect, & Sexual Assault Awareness* 7pm Oct. 21, Wilson Center, 19805 W. Capitol Dr., Brookfield. For parents, middle, & high school students. Mike Domitrz, founder of The Center for Respect, will be the presenter.

COA Youth & Family Centers

- *Riverwest Family Resource Center* 909 E. Garfield

Contact Shay Knox with questions and/or concerns: 290-7908
All programs are free.

Family Drop-In 9:30-11:30 a.m. Mon-Fri. Join us for free play, a healthy snack, an art activity, and finish off the morning with circle time filled with nursery rhymes.

Lunch Bunch, 11:30-1 pm Monday, Tuesday & Thursday. Bring your own lunch, eat with other families, play afterwards.

- *Gill Family Resource Center*, Goldin Center 2320 W. Burleigh
See Professional Development p. 21. For more information or questions: LaDonna Walton, 265-7698, lwalton@coa-yfc.org

Daily Family Drop-In Mon-Fri 9:30-11:30am. Free playtime, snack, arts & crafts, and opportunity for new parent connections.

CenteringParenting and PregnancyCare Groups

Are you or your partner pregnant? Wish you had more time with your doctor? Have questions about pregnancy, delivery, or having a newborn? Join us for CenteringPregnancy: Prenatal care in a group setting & CenteringParenting: Family centered care in a group setting. To register or for info: 444-0077 or Centering@aurora.org

Neighborhood House

2819 W. Richardson Place, off 27th St., one block south of W. State

Free Family Camping Trip, Sept. 21-22. An exciting, free week-end in the outdoors! Leave NH (2819 W Richardson Pl.) at 9am Sat. and return 1pm Sun. Meals and camping supplies provided. Register with Amy at 933-6161 ext. 173 or alentz@nh-milw.org.

Free Milwaukee Public Museum field trip, 9:30-1:30pm Oct. 5. Explore different cultures and histories at this favorite spot. Bring a bag lunch. Must get to NH (2819 W Richardson Pl.) at **9:10am** for a 9:30am departure. Register: 933-6161 ext. 142.

Free Seed Collection and Prep, 9am-3pm Oct. 5. Assist the NH Land Stewardship Program by collecting native prairie seeds that will be used for future habitat restoration. Learn to ID native plants and more! Transportation to the NH Nature Center provided. Please get to NH (2819 W Richardson Pl.) at **8:40am** for a 9am departure. Bring a bag lunch. Register at 933-6161 ext. 142.

Free Mitchell Park Domes, noon-2pm Nov. 16. Transportation from Neighborhood House provided. Meet at 2819 W. Richardson Place at **11:40am**. Register: 933-6161 ext. 142

Free Giving Thanks & Turkey Talk, 5:30-7pm Thurs. Nov. 21. Learn about Thanksgiving, make crafts with your kids, and enjoy a delicious meal with our community! Register: 933-6161 ext. 142

Haunted Halls, Oct. 24-25. See separate Halloween article.

Teens On The Move free after-school program for ages 13-19. Helps youth make healthy lifestyle choices, hone study and time-management skills, plan for their future. Rollerskating, sports, leadership opportunities, community service, field trips. Come every week day, or just once a week. Contact Norm, 933-6161 ext. 129

Your donations keep HOPE Network News in the community.

Send checks made payable to "HOPE Network" to:
P.O. Box 531 Menomonee Falls, WI 53052
or give online at hopenetworkinc.org



A sacred gathering for families experiencing pregnancy and infant loss

10-11am on the first Saturday of the month

Childcare provided

Sojourner Family Peace Center, 619 W. Walnut St.

Facilitator: Deeanna Brown, RN
Nurse and Grieving Mother

Over the last decade, the African American Breastfeeding Network has celebrated the beauty of birth and breastfeeding with more than 1,000 families. Unfortunately, we have also heard the many voices of despair from families who have lost infants.

We've made a commitment to end suffering in silence due to infant loss. Healing Waters supports families who have experienced infant loss of a pregnancy at any stage or death of a baby up to 12 months of age. The pain families experience is insurmountable, traumatizing, and unbearable. Our trained facilitators and volunteers welcome families to join with others who share in grief. Healing Waters is a safe space to help mothers and their loved ones begin or continue their healing journey. For more information, contact Dalvery Blackwell, 617-3441 or visit AABNetwork.org

The Doula Roundtable is a safe space for Black Doulas in Milwaukee County to gather for support, foster collaboration and fuel birth work innovation. Members of the Doula Roundtable build community and commit to working on projects to further support pregnant moms. Info: Dalvery Blackwell, African American Breastfeeding Network, 617-3441.

Our Daily Bread Community Outreach Center

6040 W Lisbon #203, 301-3732. *Prenatal/new moms p. 18-19; breastfeeding support, p. 16; free winter clothing giveaway: p. 22.*

A Better Us Support Group for Mothers: meets every 2nd & 4th Monday of the month at Our Daily Bread's office, 6040 W. Lisbon Ave, Suite #203. 5:30-6:30pm (sign in at 5:15pm and receive free bundle of Pampers). Candid discussions on AODA, mental health and illness, healthy living, and community referrals. Attendance incentives: Free gift cards after attending two consecutive sessions.

Breastfeeding resources

African American Breastfeeding Network Community

Breastfeeding Gatherings for pregnant and breastfeeding mothers. For fathers, there's a discussion led by father and community leader Edward Swims. Registration encouraged, but not required: 617-3441. Two monthly educational sessions:

Every 2nd Thursday: Northside YMCA. Program & dinner, 1350 W. North Ave.. Registration 5pm, dinner 5:30pm.

Every 3rd Saturday: All Saints Family Health Center, 2400 W Villard. 11am registration; program at 11:30; lunch served

-Breastfeeding Support Group at Our Daily Bread noon-2pm 2nd Sat. of the month starting Oct. 12. Discussions on: skin to skin, latching, breastfeeding position, and basic benefits. Info: 755-0535 (leave name and phone number). 6040 W. Lisbon # 203

- Ascension Columbia St. Mary: Breastfeeding Getting Started 6-8:30pm Thurs. Sep 26, Oct 24, Nov 21, Dec 19 \$20 (scholarships available). Attend while pregnant. *Working Women & Breastfeeding* 1:30-3pm Wed. Sep 25, Oct 23, Nov 20, Dec 18. \$15. 2323 N. Lake Dr. Register: **585-1025**. If not sure baby is getting enough milk or if mom is in pain call 291-1440 ASAP; don't wait for class.

- St. Joseph Hospital Breastfeeding with Confidence 6-8:30pm Mon Sep 27, Oct 14, Nov 11, Dec 19. Best if attend at 7th/8th mo. \$20 fee waived for WIC moms. Register: healthcare.ascension.org 477-2622 Classes also at Elmbrook Hospital, Brookfield, St. Francis.

- 16th St. Community Health Center at 1032 S. Cesar Chavez Dr. Every Thurs. breastfeeding class 11am-noon. Spanish. To request set-up for English, call 897-5289

- Mothering the Mother, Inc. www.motheringthemotherrinc.org Free breastfeeding help can be scheduled online: see *Services* tab Breastfeeding & childbirth classes, see website for dates. Classes in person or virtual. All classes on a sliding scale: \$10-\$40 (pay what you can afford). 1588 S. 81 St. West Allis. 378-9524

Waukesha Co. classes: Breastfeeding with Confidence classes \$15 6:30-8:30pm at Waukesha Memorial Hospital Sep 23, Oct 9, Oct 28, Nov 13, Nov 20, Dec 2; at Oconomowoc Hospital Nov 20

- Waukesha: Breastfeeding class 12:30-2:30pm Oct 22 and 4:30-6:30pm Dec 10. Also in Spanish. Register, Waukesha Co. Public Health Dept: 262-896-8440.

- Breastfeeding groups at Pewaukee ProHealth Westwood Health & Fitness 1-3pm Wed; Oconomowoc Hospital 1-3pm Thurs. Breastfeeding helpline: 262-928-7650

Learn about becoming a doula Are you interested in becoming a doula birthworker & have questions? Are you a doula who is interested in joining a network of dynamic visionaries? "Let's Talk: Doula 101" will be hosted by A Miracle Happened Wellness & Birth Services. Dates/location TBD. Email vanessajohnson@nurturingmiracles.com or follow FB & IG @nurturingmiracles for details.



Babies are safest when they sleep alone, on their backs, and in a crib free of blankets, pillows, or toys. Home should be smokefree. Exposure to smoke raises risk of sleep-related deaths.

If you are in need of a safe place for your baby to sleep, contact the Milwaukee Health Department, 286-8620, or HOPE Network.



We'd like to thank all who held back-to-school drives and donated supplies...

With your help, we were able to offer more than 60 backpacks (and many loose supplies) to member families at our picnic Aug. 24 (see above). In particular, we are grateful to WGIRLS Milwaukee, EMC Insurance Companies, and Good Shepherd Catholic Church for hosting drives. Together, we made sure that HOPE Network families had a strong start to the school year.

Journey House,

2110 W. Scott St. For more info on these programs, call 647-0548

Free Family Engagement Events

Halloween Spooktacular: 5:30-8pm Oct. 25. Free. Adults and kids - please come in costume. Raffle \$1-40.

Thanksgiving Dinner: 5:30-7pm Tues. Nov. 26. Registration required; registration will open Nov. 11. Free.

Tree Lighting: 5:30-7:30pm Dec. 6. Free.

Winter Wonderland: 10am-noon Dec. 21. Registration required; registration will open Dec. 9. Free.

THRIVE Workforce Career program: call Ritchie for info..

Youth Education / 5-8pm programming: call JC for info.

See p. 21 for GED & other classes at the Family Learning Center.

Wis. Poison Center

Call if you have questions about medications, food poisoning, carbon monoxide, drugs of abuse, or household products. The Center is staffed by nurses and pharmacists nationally certified in toxicology. When calling the Poison Center it's helpful if you know: the exact name of the product or medication (original container/brand name helpful); amount swallowed, spilled or inhaled, age and weight of the person exposed, & how long ago did this happen. Call the Poison Center before a poisoning becomes an injury. Let us help you minimize injury before transport. Wis. Poison Center, open 24/7: 1-800-222-1222



Kids don't have to wait for camp!

COA Youth & Family Centers offers Winter Camp at Camp Helen Brachman in rural Almond, WI. Dec 27-29. Ages 8-15. Sledding, snowshoeing, ice skating, snow-sculpting, fort building, hiking, crafts, campfires, games & more. Cost: \$60 per child. Scholarships available. Call 290-7905 or email: lwoodruff@coa-yfc.org Registration opens in October.

Website and online registration at www.coa-yfc.org/camp/

Strong Baby Sanctuary

Are you pregnant or have you recently given birth? Contact a Strong Baby Sanctuary to learn about community resources to support you and your family. The Strong Baby Sanctuaries embrace pregnant women and their families and offer information and resources, mentorship and spiritual support to create stronger babies in the Milwaukee community.

For information or to schedule an appointment, please call:

- Ascension Fellowship Church, 4925 N. 24 Place, 378-4031

- Bethel CME Church, 3281 N. 26 St., 315-0272
- Bethel Temple Church of God in Christ, 2576 N. 5 St., 397-5833
- Bountiful Harvest Church of God, 3300 N. 39 St., 871-3881
- Bradford Memorial AME Church, 4260 N. Teutonia, 445-2189
- Calvary Baptist Church, 2959 N. Teutonia, 372-1450
- Capuchin Community Services/House of Peace, 1702 W. Walnut, 933-1300 ext. 11
- Catholic churches/eastside/St Hedwig 1716 N Humboldt 271-6577
- Divine Temple C.O.T.F.B., 5532 W. Hampton, 617-3300
- Ebenezer Church of God in Christ, 3132 N. King Dr., 793-0328
- God's Hands Outreach Ministry, 6151 N. Sherman, 687-1888
- Greater Bethlehem Temple World Ministries, 222 E. Center St., 264-5350
- Hephatha Lutheran Church, 1720 W. Locust, 264-0238
- Holy Cathedral Church of God in Christ, 2677 N. 40, 447-1965
- Lamb of God Missionary Baptist Church 8415 W Bradley 355-0931
- Little Community C.O.G.I.C., 2025 W. Hampton, 514-5151
- Mt. Zion Missionary Baptist Church, 2207 N. 2, 372-7811
- New Covenant Baptist Church, 2315 N. 38, 873-1221
- Newport Missionary Baptist Church, 2237 N. 11 St., 265-5881
- Northwest Baptist Church, 4373 N. 92, 463-3630 ext. 603
- Pilgrim Rest Baptist Church, 3456 N. 38 St., 873-1045
- Reformation Lutheran Church, 3806 W. Lisbon, 444-0440
- Silver Spring Neighborhood Center, 5460 N. 64, 463-7950 ext. 70
- St. John Concordia CME Church, 300 W. Concordia, 264-9881
- St. Joseph Campus (Ascension), 5000 W. Chambers, 793-0328
- St. Martin de Porres Catholic Church, 128 W. Burleigh, 372-3090
- St. Matthew CME Church, 2944 N. 9 St., 213-5091
- Trinity CME Church, 1601 W. Clarke St, 204-9528
- True Love Missionary Baptist Church, 210 W. Keefe, 264-6869
- Unity Gospel House of Prayer Apostolic Church, 1747 N. 12 St. 574-1245
- Unity Lutheran Church, 1025 E. Oklahoma Ave., 744-6311
- Village Ministries Inc., 2614 W. Center, 535-8227

Consider joining the Sanctuary program

This program in the faith-based community does important work to ensure that more Milwaukee babies are born strong and can thrive through their first year of life. Contact: Penelope 465-4587

FREE home visit & items provided for child-proofing your home.
Must live in City of Greenfield. Appt required, 414-329-5275



Local resources help you be a better parent

PREGNANCY –

Counseling and prenatal care

City of Milw. Health Dept. home visits: offers several nurse home visit programs for parents-to-be who are City of Milwaukee residents. Call 286-8620 to speak with a nurse.

Waukesha: Childbirth education classes on Tues. in October. 12:30-2:30pm Free. Participant receives free baby gift after each class attended. 514 Riverview Ave. Register: 262-896-8479 www.waukeshacounty.gov/pregnancy

UWM Community Nursing Centers Prenatal care coordination services. Contact our PNCC Liaison at Silver Spring Community Nursing Center, 5460 N. 64; call 535-0432 for info or to schedule at appointment. Family Planning Only Services are also provided at this site.

Next Door Head Start and **Early Head Start** home visitation provides weekly home visits for pregnant moms & families with children up to 5 yrs. Site-based programming for children 6 wks. up to 5 yrs. Services available for special needs children. 2545 N. 29 St. & 5310 W. Capitol 376-8902 x2534 www.nextdoormke.org

16th St. Community Health Center At 1032 S. Cesar Chavez Dr: Every Tues. car seat class English/Spanish 10-11am. Parenting Skills Class, 10am-noon Thurs. Call Sarahi to schedule: 897-5296

Welcome, Baby! for expectant moms, caregivers & grandparents with children under age 2. 10-11:30am Thurs. ongoing at The Parenting Network, 7516 W. Burleigh, 671-0566.

Mommy & Baby-Live Well Be Well supports expectant mothers & mothers with newborns (30 days or less). AODA/mental health assistance, parenting classes, nutrition education, community activities, breastfeeding training, lifestyle management (stress relief techniques) clothing incentives, and \$25 client referral program. Our Daily Bread Community Outreach Center, 6040 W Lisbon, #203. 301-3732.

Encompass Solutions: confidential support to help expecting mothers and mothers with newborns obtain the services they need to have a healthy pregnancy/baby as a free benefit through Wis. Medicaid (BadgerCare). Coordinated Child Care program for children 60 days-7 yrs. PNCC/CCC services inc. childbirth/parenting education, nutrition/breastfeeding support, baby items, housing/employment/community resources, parenting support. 722-3274 www.encompass-solutions.org

Kingly Community Resource Center provides information, resources and support to pregnant women & mothers of newborns (2 mos. or younger) who receive Medicaid/BadgerCare. Referrals given to financial resources, quality healthcare, quality childcare, computer lab, resume prep, and parenting classes. 4200 N Holton St Ste. 110. Contact: Ms. Torrie Moffett, 933-6768

Mothering the Mother childbirth & breastfeeding education. Classes in person or virtual, on a sliding fee scale: \$10-40; pay what you can afford. 1588 S. 81 St., West Allis. 378-9524. www.motheringthemotherrinc.org.

Prepared Childbirth classes at Columbia-St. Mary's Hospital See www.healthcare.ascension.org/Events \$80, but partial or full scholarships available. Must register. 2323 N Lake Dr. 585-1025

Childbirth Preparation series at St Joseph Hospital and Elmbrook 6:30-9pm Mondays are listed at: www.healthcare.ascension.org. \$80 fee waived for WIC moms. Info: 447-2622

Childbirth education: free classes (**Easter Seals Safe Babies Healthy Families**) at **Aurora Sinai**, 960 N. 12, 4:30-6:30pm 4 Thurs Call for dates. Receive diapers by attending all 4 classes Register: 449-4444

Childbirth classes for Teens and Young Adults – ongoing – call for dates. 4:30-6:30pm Aurora Sinai Medical Center 960 N 12. \$20 262-548-4000

Inner Peace Doula Services provides birth and postpartum doula services along with non-judgmental support, resources. Will work with you on various payment options. Contact Tonia, 915-0308 or Innerpeacedoulas@gmail.com to set up free consultation

A Miracle Happened Wellness and Birth Services offers prenatal, birth, and postpartum education, workshops, inc. breastfeeding & doula support. Various payment options. Contact Vanessa Johnson, RN, Certified Lactation Specialist, Doula, IG & FB @nurturingmiracles, 768-2268, vanessajohnson@nurturingmiracles.com

Prenatal care coordination from health insurance companies includes help to find baby supplies, local resources, childcare, and provide info on nutrition, breastfeeding, parenting:

Managed Health Services Start Smart: 1-800-496-5803. Includes free home visits from nurse or social worker.

If you have *Dean Health Plan*, call 608-830-5908 re: the Strong Beginnings program

UnitedHealthcare 1-800-599-5985 free to anyone with Medicaid. Provides ongoing prenatal support over phone re: Healthy 1st Steps

Healthy Mom, Healthy Baby Prenatal care coordination program free to *Children's Community Health Plan* members (HMO for families w/Badger Care Plus). Get support & services needed to have a healthy pregnancy, healthy baby. Incentive program to earn baby items & gift cards, welcome mom kit, breastfeeding kit, home visits. 266-3751

iCare for Mom and Baby: free prenatal program for pregnant iCare BadgerCare Plus and Medicaid SSI members. Help to find a health care provider and obtain baby supplies. Independent Care Health Plan (iCare): 1-800-777-4376.

Care Net Pregnancy Center of Milwaukee 10am-4 pm Mon-Fri Pregnancy tests, ultrasounds, free prenatal vitamins, maternity clothing, baby clothing, diapers & items. Post abortion support & options counseling. Call for an appointment. Free, confidential. 4957 W. Fond du Lac Ave. Call or text 962-2212

Pregnancy counseling & resources & Family Resource Center: Children's Hospital. 453-1400.

Coalition for Children Youth & Families provides information to those thinking about adoption for their child and to prospective adoptive parents, professionals & others interested in adoption information. www.wiadopt.org 1-800-762-8063

Lutheran Counseling & Family Services adoption, birth parent counseling, resources, and education services. 3800 N Mayfair Rd. 536-8333

Milwaukee Birthright, free pregnancy tests. Layettes given 3-4 wks before due date; bring photo ID, pregnancy statement. Clothing newborn to 4T. Always call before coming. 2025 W. Oklahoma Suite 125. 672-5433 (24 hr. line)

New Beginnings long-term program w/ housing that guides new, single mothers towards self-sufficiency with opportunities to continue education, grow spiritually, learn parenting skills; also financial classes, and counseling. 376-0595

Women's Support Center: 100% free services. Pregnancy tests, ultrasounds, breastfeeding & childcare classes, fertility care, material assistance for mothers with babies & small children, and natural family planning. 2051 W. Wisconsin Ave. 934-8888

Women's Care Center, free pregnancy test, free limited Ob/ultrasound (appointments required), medical & social service referrals, childbirth & parenting classes, material assistance when enrolled in Center services. 634 W Historic Mitchell St 645-4050, bilingual. 1441 N Farwell. 223-2610

APS Medical unintended pregnancy consultation, free pregnancy tests, limited ultrasounds. Loving Parents Incentive Program, newborn gift pack, diapers, post-abortion support. 8501 W Lincoln. Call helpline for walk-in hrs or appt. 727-8177

Adoption Choice, Inc: Confidential, supportive and caring private agency offering free pregnancy counseling, emotional support & adoption support services. Education, resources, home visits. 500 W. Silver Spring, Ste. K235. 24 hr hotline: (800) 255-6305

Pregnancy/Parenting Hot Line confidential line for Waukesha & Milw. Co. Pregnancy & parenting info, referrals for insurance, doctors, WIC, housing, etc. 8am-4pm M-F 262-548-4000

Catholic Charities Pregnancy Support Program assists expectant mothers and new mothers with emotional support, community resources, education for pregnancy and parenting. Also works with parent wanting to make an adoption plan. Home visits available. Free. 2021 N. 60. 771-2881

Pregnancy Support Services of ECFA provides free in-home services inc. pregnancy counseling & support, goal setting, community resource referrals, safe sleep, car seats & other baby needs, parenting support, adoption services. Evangelical Child & Family Agency, 1617 S. 124. 262-789-1881 24-hr. emergency line

Bethany Christian Services free pregnancy counseling, information on all options, confidential support, adoption & voluntary foster care services, parenting resources. N14W23755 Stone Ridge Dr Waukesha. In-home visit if have no car/Wendy: 262-547-6557

Waukesha/ Tomorrow's Choice Family Resource Center Mon 4-7pm, Wed & Sat. 9-noon Free, confidential counseling re: pregnancy & post-abortion stress related issues. Baby supplies are also distributed (diapers: size NB-5, wipes, clothing up to 24 mos.) Not a medical facility. 912 N Barstow, Waukesha, 262-513-9590

Easter Seals, Safe Babies Healthy Families pregnancy & parenting home visits for Waukesha and Milwaukee Counties (plus some areas of Walworth Co.) Education, support, resources, adoption information. English/Spanish mom's groups. Baby Buddies, Childbirth education class in Milw Co. 262-548-4000

BABIES and CHILDREN

Welcome, Baby! for expectant moms, caregivers & grandparents with children under age 2. 10-11:30am Thurs. ongoing at The Parenting Network, 7516 W. Burleigh, 671-0566.

Mommy & Baby Live Well Be Well Care coordination (CCC) for mothers with newborns (30 days or less). Continued

CCC services until child is age 7. Access to AODA/mental health educational classes, social activities, employment, clothing incentive for both mom & baby, \$25 client referral program, community resources. Our Daily Bread Community Outreach Center, 6040 W Lisbon #203, 301-3732

My Morning with Mom 10-11:30am Thurs mothers & babies, discussion with health care professional. Aurora Women's Pavilion 8901 W. Lincoln. Info: 888-863-5502

New Parents Network Newborns & infants 11am-1pm Wed. Toddlers 9-11am Wed. Registration not required. Columbia St. Mary Hospital/Nicholas Family Education Cntr, 2323 N Lake Dr

Moms Chat 10-11:30am Tues. Ascension Brown Deer campus inside Y. 9252 N Green Bay Rd 447-2622 Registration not required

Infant Massage 9-10:30am Sep 25, Nov 23, Dec 21; 1:30-3pm Nov 13. Bring baby 4 wks to pre-walker. \$21 (includes Loving Touch Massage booklet), but can ask for scholarship. Columbia St Mary, 2323 N. Lake Dr. 585-1025

Women's Care Center Material assistance (diapers, car seats, cribs, etc.) when enrolled in Center services. Classes: one-on-one birth preparation, baby care basics, breastfeeding, & goals 634 W Mitchell St, 645-4050/1441 N Farwell 223-2610

New Concepts 8-wk parent series Wed 10-noon or Th 5-7pm Register 1st day; only 30 in class. 1531 W Vliet 344-5788 x22

Children's Hospital Community Services adoption services, foster care, parenting programs 620 S 76, Ste 240. 453-1400. Child & family counseling, 620 S. 76, Ste 120, 292-4242.

Baby Connection 10:30-noon Wed. free mom's group Elmbrook Mem. Hospital's Pavlic Center, 19305 W. North Ave. 447-2622

Safe Families for Children Provides a secure, temporary home for children whose parents are in a crisis situation. May provide housing assistance to teen moms and their children. Families in need may also be connected to Family Friends and Family Coaches. Info: 345-8715 8:30-5pm M-F

Are you pregnant, just had a baby or have children under 5? WIC can help you

WIC provides food, as well as nutrition information, to help keep families healthy. See listing of WIC clinics on page 3.

Postpartum resources, support

Not feeling yourself while you're pregnant, or after the birth of your baby? Are you feeling depressed, anxious, not sleeping, isolated and overwhelmed? You're not alone! Here are resources that can provide a safe and caring place for connection and recovery.

Vent Wednesday support group: 1:30-3pm first Wed. of the month. Drop-in. Free. Columbia St. Mary's, 2323 N. Lake Dr 585-1025

Mindful Moms Group follows book: *Breathe Mama Breathe*. Noon 1st & 3rd Fri. Authentic Birth Center/Wellness Collective, 530 N 108 Place, Ste. 100. Participants will feel supported as they share their struggles & successes. www.authenticbirthcenter.com 231-9640

Call the Postpartum Support International HelpLine: 1-800-944-4773 or text 503-894-9453.

Well Badger Resource Center 1-800-642-7837 7am-6pm M-F

Classes for child care providers, budgeting, home buyers

Ready to Read with Books2Go

Continuing education workshops for child care providers by Milw. Public Library; approved by the WI Registry. Free. Registration required, begins 3 wks. ahead. Register early; classes fill up fast: call 286-3011 or register online at www.mpl.org/childcareworkshops. Adults only; no children. All Tier 2.

Six Skills for Early Literacy: This workshop is the foundation for other provider workshops, and we recommend you attend this first. CE: 3.0 hrs Capitol, Sept 21; Villard Square: Nov 9; 10:30-1:30pm.

Start Right, Finish Bright Building foundations in infant & toddler classrooms Learn about great books/ activities that promote early literacy skills. CE: 3.0 hrs. East, Oct 19; Washington Park, Dec 7; 10:30-1:30pm

The Rhyme and Reason of Mother Goose: Explore why Mother Goose and poetry are essential to early literacy and ways you can use them with young children. CE: 2.0 hrs. Villard Square, Oct 5 10:30am-12:30pm

Lesson Planning @ MPL Learn to use library materials to create a lesson plan. CE: 3.0 hrs. Washington Park Nov 23 10:30-1:30pm

Dialogic Reading: Learn what it is and effective strategies to build early literacy skills. CE: 2.0 hrs. Mitchell Street, Dec 14 10:30 am-12:30 pm

Free Head Start for infants & toddlers

- **Milwaukee Public Schools** Free Head Start for ages 3 & 4. Families supported with services in education, health, dental care, mental health, disabilities. Children w/special needs are an enrollment priority; those in foster/kinship care are automatically accepted. 26 sites with half-day K3, full-day K3 & full-day K4. To enroll: 252-0350

- **Neighborhood House** has full day, full year Early Head Start program. Ages 6 weeks to 3 years. Special needs children welcome. Diapers provided in class. 2819 W Richardson Place. 933-6161 ext 139

- **Acelero Learning** states they have achieved some of the highest assessment scores in the country, with more Five Star centers in SE WI than any other program. Diapers & meals are inc. if enrolled. 10 sites in Milw. Co listed at www.acelero.net. To enroll, call 616-5000

- **Next Door Head Start** offered at various sites, or as home visits. To enroll you child, call 376-8902 x2534 or complete an interest form at www.nextdoormke.org and a staff member will contact you. Walk-ins welcome for enrollment at 2545 N 29 & 5310 W. Capitol

Wis. Women's Business Initiative classes

To register or view other classes: wwbic.com To register for online classes, call 263-5450 or email cassandra.aranda@wwbic.com

Monday, Sep. 23 – Childcare Crash Course – 6-7:30PM – Online

Thursday, Oct. 10 – Negotiating Your Lease – 6-7:30PM – Online

Thursday, Oct. 17 – Credit Crash Course – 6-7:30PM – West Allis Library (7421 W National Ave)

Thursday, Oct. 24 Business Planning for Success – 12-1PM – Online

Tuesday, Oct. 29 – Mission Business: What You Need to Know – 6-7:30PM – Waukesha Center for Growth (2717 N Grandview Blvd, #300)

Wednesday, Nov. 6 – Meal Planning & Couponing – 6-7:30PM – Victory Manor (5555 N 62nd St)

Thursday, Dec. 12 – Strong Women, Strong Coffee – 7:30-9AM – Hillside Family Resource Center (1452 N. 7th Street) – \$5 –

Thursday, Dec. 12 – Minority & Women's Business Certification – 12-1PM – Online

Home buyer workshops

Housing Resources, Inc., a HUD approved organization offers workshops for homebuyers or homeowners below.

For more information, call 461-6330 or visit www.hri-wi.org.

Homeworks Workshops for first-time homebuyers. Real estate experts help buyers avoid common pitfalls when buying homes. Learn to improve credit, maintain savings, and budget. Hear about grants to help with down payment and closing costs.

- 5:30-7:30pm Oct. 1, 8 & 15 or Nov. 5, 12 & 19 at Central Library

- 10am-4pm Oct. 26 at Dominican Center, 2470 W. Locust St.

- 10am-4pm Nov. 9 or Dec. 7 at WWBIC, Schlitz Park, 1533 N. River Center Dr.

- 9am-noon Oct. 8 & 15 or Dec. 3 & 4 at Mary Ryan Boys and Girls Club, 3000 N. Sherman Blvd

"I bought a house! Now What?" workshops: maintenance basics, home retention tips, how to get involved in the community, and learn how to qualify for local home improvement or foreclosure prevention resources. 9am-noon Oct. 5 & 12, Nov. 2 & 9 or Dec. 7 & 14 at Housing Resources, 7830 W. Burleigh.

Homebuyers Seminars United Community Center. Learn the process of buying, get pre-qualifies for a mortgage, loan, home-buyer certificate, learn about grants. 6-10pm. 1028 S. 9, 384-3100

English Part 1 Oct 3, Nov 7, Dec 5,

Part 2 Oct 10, Nov 14, Dec 12

Spanish Part 1 Sept 19, Oct 24, Nov 21,

Part 2 Sept 26, Oct 31, Dec 19

DivorceCare for Kids is a 13-week program created for children, ages 5 to 12, of divorced or separated families. It offers a safe, caring, fun environment where children can explore healthy life skills to maneuver through the rough places of family fracturing and divorce. 6-8pm Sundays Oct. 6-Dec. 22. DivorceCare for Adults will be held at the same time. Hales Corners Lutheran Church, 12300 W. Janesville Rd. A Parent/Child Open House will be held 5-6pm Sept. 22.

Registration for DivorceCare is required by Sept. 30: contact Mary Steinbrenner, 529-6700 or email mjsteinbrenner@hcl.org Free.

4C For Children

Training for existing and new child care providers and helps parents find quality child care. It's the official Child Care Resource & Referral Agency for this six-county area.

Child Care Info Session 6-8pm Nov. 18, for those interested in becoming a regulated child care provider. Learn about the different types of regulated child care in Wis. and the steps you need to take. \$10. Held at 4C office: 1736 N. 2. Registration info: 562-2650.

For info about **child care trainings or child care continuing education**, see class listings under the "Training" tab at the website: www.4c-forchildren.org

Referral Line: 562-2676 for parents seeking child care options. Or, start a search at above website. 4C maintains a database of regulated child care programs. Along with a list of customized child care referrals, families will receive resources and tip sheets on selecting quality care, sample interview questions, and a checklist to help families with their search. 562-2650

Computer help

Milw. Public Libraries: free 2-hr. hands-on computer training; register at www.mpl.org or 286-3011. Walk-ins welcome if space is available. Computer basics, Internet, e-mail, beginner & intermediate Word, PowerPoint, Excel Day, evening, and Sat. a.m. sessions.



Free adult education

By Literacy Services of Wis. thru MPS: GED prep, HSED alternative (No. Division only), reading, writing, math, ELL, citizenship, basic computer skills, resume prep, skills for helping children with homework. One-on-one or in small groups, classes or workshops at North Division High School, 1011 W. Center, Rm 158, 267-5171 & South Division High School, 1515 W. Lapham, Rm 111, 902-8388.

Ready. Set. Work! Milwaukee Women's Job Seminar Free job seminar to help you succeed

8am-3pm Nov. 14 -- Join United Way in collaboration with ManpowerGroup for this FREE seminar to develop professional skills, find a job, or explore a new career. Topics: Create a resume that gets you noticed, develop strong interviewing skills, learn how to build your network and maintain your focus, work one-on-one with professional mentors, and leave with the confidence you need to succeed. Free breakfast, lunch, giveaways. Register for this free seminar at: www.unitedwaygmwc.org At ManpowerGroup Global Headquarters, 100 Manpower Place. Info: Amy, 837-3078
(See p. 7 for Waukesha Co. seminar)

Career Online High School offers adults the opportunity to complete their high school education and gain career training. Scholarships for this accredited online program are available through the Milwaukee Public Library. To be eligible, applicants must be at least 23 years of age, City of Milwaukee residents, and have completed 8th grade. For more info, visit MPL.org/cohs or call 286-8475

Want a GED? New skills can mean a better job

Beware of scams: GED tests are never offered online; they can only be taken in person at official testing centers, such as these:

SDC: HSED & GED classes have a rolling admission process with classes held throughout the year. Apply online at cr-sdc.org Classes at SDC office: 1730 W. North Ave. 906-2750.

Adult Learning Center, 1916 N. Vel R. Phillips Ave. Classes for students of all learning levels, from 3rd grade reading level thru high school. Call 263-5874 to sign up for test for new students (\$1 fee).

The Dominican Center is accepting enrollment in free adult education classes. 9-11:30am Mon-Thurs. at the Center, 2470 W. Locust. Info: Barbara Wells, 444-9930, barbara@dominican-center.org

Next Door provides services to all adults interested in pursuing adult education and achieving their GED. For more info: 376-8902 x2563

Literacy Services of Wisconsin: one-on-one and small groups offered for adults seeking tutoring in math & reading, English language

Job help

Career Fair, 11am-3pm Sept. 19, Milw. Co. War Memorial, 750 N. Lincoln Memorial Dr. The 19th Annual Diversity Employment Day Career Fair. Info, or to register: bit.ly/2KVwVo5

Job Fair 3:30-6pm Sept. 24, Standard Electric Supply Co, 222 N Emmber Lane. Meet companies in the Menomonee Valley, which spans from Miller Park to Harley-Davidson Museum, who are hiring now. Jobs range from college internships to entry-level to high-skill opportunities. Bring a resume. valleyweek.com

Professional Development at COA, 2320 W. Burleigh: 1-1:30pm Tues/Thurs. Help individuals in becoming employed or one step toward their career goal. Also, help with resumes, cover letters, and other needs will be offered. 265-7689

Goodwill Workforce Center: Free services to help you find a job. No appt. needed. 9-5pm M-F. Job postings, workshops & help with resumes/cover letters, access to computers, Internet, printer, fax; drivers's license recovery program. 3903 N. Richards, 962-4148; 6055 N. 91, 847-4960; 153 W. Oklahoma, 847-4740; 5400 S. 60, 847-1500.

YWCA Career Opportunity Center resume & job search help, interview practice, on-the-job training. Walk-in, need to fill out intake form. 8am-4pm Mon. & Wed.; 8am-4pm Tues., Thurs. Fri.; 8am-4pm Sat. 1915 N. Dr. Martin Luther King Jr. Dr. 374-1800.

Other programs at YWCA- Professional Image Program: helps women gain employment. Offers image guidance, free professional attire, and interview preparation. Call for appointments. 1915 N. Dr. Martin Luther King Jr Dr. 267-3970

Auto Loan Access: Provides \$6,000-10,000 loans with 6% interest rate to eligible applicants. Plus, 6 week financial wellness program. Call to hear requirements to begin process. 267-3240.

Personal Financial Management Provides free finance workshops one-on-one budget & credit coaching. Email: jcarter@ywcasesw.org

Employment & Life-skills - The Women's Center 505 N. East Ave. Waukesha. Call for topics for free monthly workshops. Additional 1:1 help with resumes, cover letters, interviewing. Free computer use for job search by appt. Free childcare by appointment: 262-547-4600

learning, GED/HSED preparation, basic computer skills, and citizenship at 1545 S. Layton Blvd. (643-5108), and downtown at 555 N. Plankinton (344-5878)

Journey House Adult School offers Adult Basic Skills and GED in English & Spanish, prep class for 509 HSED program, ELL (English Language Learners), citizenship, & bilingual computer classes. Morn., aft, or eve. classes start in June, Sept., or Jan. Small fee for classes. Free childcare for children (walking to age 6) a.m or p.m.. Info or to sign up for orientation: 647-0548.

New Concept Self-Development Center: adult education/GED prep free 9am-noon T/W/Th. Individualized class, transition to higher education at MATC. Visit class to register. 1531 W Vliet 344-5788

Waukesha WCTC campus provides free programs: Adult High School (credit recovery), High School Equivalency Diploma (HSED) & GED, English as a Second Language classes, and more. Programs are available to everyone. To get started, call 262-695-6500 for info.

Free clothing at Southside Mothers Trading Post

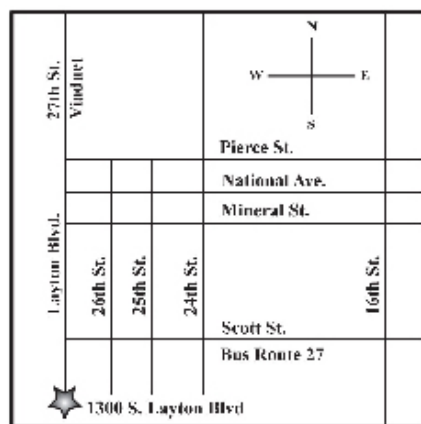
If you need infant or children's clothing, visit our Mother's Trading Post, Ascension Lutheran Church, 1300 S. Layton Blvd.

- Used clothing. You may bring items your kids have outgrown.
- Each mother may take 1 bag of clothes and wipes and disposable diapers for each child in diapers.

The used clothing is free, but mothers are asked to bring 1 or 2 cans of food for the local food pantry (if getting diapers, it's a requirement). Co-sponsors: HOPE Network & Ascension Lutheran Church

When: 9:30-11:30am (**MUST arrive by 11:15**) 1st & 3rd

Thurs: Sept. 19, Oct. 3 & 17, Nov. 7 & 21, Dec. 5 & 19



Ascension Lutheran

1300 S. Layton Blvd.
(S. 27th St. turns into
S. Layton Blvd, south
of the Domes)

On east side of Layton, one block south of Scott St. Bus # 27

In church south wing; enter southernmost entrance marked by a brown canopy and number "1300." Upstairs; take elevator.



Member families dine and dance at inaugural picnic

HOPE Network welcomed mothers and children to Gordon Park August 24th. Families enjoyed a tasty lunch, time at the playground, and a hip hop workshop with Danceworks artist Nekea.

Attendees with school-aged children were also delighted to receive donated backpacks full of school supplies. Parenting resources from The Parenting Network and breast health information rounded out the event.

The picnic was such a success that volunteers are already planning for next year!

Thank you to AJ Star and Thrivent Financial for underwriting the costs of the facilities and food, respectively. We would also like to thank all of the HOPE Network board members and volunteers whose hard work and planning made the event a success.

Children's Resale at Greendale High School

7:30-2pm Sat. Sept. 28; half-price sale 10am-2pm Sun. Sept. 29. Fall & winter infant & kids' clothes, toys, play equipment, books, high chairs, strollers, car seats, furniture. For safety, ages 10 & under not allowed at sale until after 10am (and no strollers). 6801 Southway, 2 blocks west of Loomis. www.greendaleentertainment.com

Children's Consignment Sale, Sept. 28, Robinwood Elementary School, Franklin. 8:30-11:30am, then 12:30-2pm (most items ½ off). No strollers before 10am. 10705 Robinwood Lane, Franklin. For more info, or if you'd like to sell at the sale, visit: www.franklineducationalfoundation.org



Save \$5 on China Lights tickets

China Lights, Sept. 13-Oct. 20: Renowned international lantern festival with 40 new displays, plus cultural performances and food.

Enter the code 'HOPE' for \$5 off every ticket you purchase online. Regular admission before online discount: Adults (18-59): \$20; Seniors: \$12; ages 5-17: \$12; under 5, free. Boerner Botanical Gardens, Whitnall Park, Hales Corners. www.chinalights.org

Smoke detectors: Proven to save lives The City of Milwaukee continues to see tragic fires in which smoke detectors were removed or not operating. A working smoke detector can give you and your family those extra seconds that count, when faced with smoke and flames. Check your smoke detector on a monthly basis.

If you need one, you can request one to be installed by calling the Milwaukee Fire Department Smoke Detector Hotline: **286-8980**

Winter Clothing Give-Away

Noon-3pm Nov. 30, Washington Park Library, Upper Level.

Receive free winter clothing for the entire family. Also, community resources on AODA, mental illness, prenatal care service, and much more. Free event, by Our Daily Bread Community Outreach Center. 2121 N Sherman Blvd.

Info: 755-0535 (leave name and phone number)

Sources for free or low-cost clothing

Children's Clothing Center: Must have voucher to shop, obtained from a school principal or social worker. With an official voucher, each child (grades K4-12) receives 5 tops & pairs of socks, 3 pants, a hoodie, a winter coat, gloves, a hat, 7 pairs of underwear each school year. Open 9am-noon Thursdays (except when no school), and 9am-noon 2nd Saturday of each mo, thru Apr. 30. Call Sally Lautmann, 526-2574 for information about vouchers. 1936 Vel R. Phillips Ave. Run by Ladies of Charity. Clothing donations welcome.

Reformation Lutheran Church **Neighborhood Store** 3806 W. Lisbon, high quality/low-cost clothes, household, 10am-2pm Tues. & Wed; 1-4pm & Sat 444-0440

Atonement Lutheran Church, 4521 N. 42, clothes for children, youth, women, & men, 9am-noon Sat. (or appointments: 431-2086)

United Methodist Children's Services 3910 W. Lisbon, noon-4pm 2nd & 4th Wed; kids' & adult clothing. Photo ID for adults (report card, etc for kids); proof of address (recent mail). Serves all Milw. County. 344-1818

JLH Women's Mentoring Services, 3846 W. Wisconsin Ave, Ste. 109. For single mothers ages 18+. Limited infant clothing, emergency diapers available. Need Wis. ID & ID or med cards for babies needing diapers. 11am-2pm 2nd & 4th Sat by appointment. 934-0216

Father Gene's HELP Center, 5919 W National. For clothes, call 9:30-11am M, W, or F & tell them sizes needed. You can go a week later to pick up your order. May use every 6 mos. 258-4357.

Casa Maria, 1131 N 21 St. garage in back. 10am-1pm Mon. & Wed. Call 1st, to be sure volunteer is there to help you. 344-5745

Bethany-Calvary Clothes Closet, 7265 W. Center (use east side door). Free clothes for your family (good condition). Open 10am-noon Wed. Closed in July, except on July 21, when clothes will be available during their Share Fair 11am-3pm. 258-2868

House of Peace Clothing Bank 1702 W. Walnut. Bring photo ID, bags. Need appointment. 1-4pm Mon-Fri. 933-1300

Northcott Neighborhood House, adult & children's clothing 11am-2pm M, T, W. 2460 N. 6 St., 372-3770

COA Goldin Center 2320 W Burleigh. Call for appointment. Bring ID & proof of address. For zip 53206. 449-1757

Risen Savior 9505 W Brown Deer Rd. for zips: 53223, 53224, 53225 2-4pm 2nd & 4th Sat Must call 1st for appointment. 839-5630

Children's Clothing Bank, newborn to size 12; diapers, wipes, a few toys: 10-noon Tues & Th or by appt. 762-0552. St Stephen Family Life Center in Oak Creek, 1441 W Oakwood Rd. Serves these zip codes: 53110, 53129, 53130, 53132, 53154, 53220, 53228, 53235

Scott Christian Youth Center, 263-3177, 2741 N Teutonia. clothing/limited supply/unsorted. 11-3:30pm Mon.-Fri. 1st come, 1st served

Good Samaritan Outreach 5924 W Burnham, 10-2pm T, W, Th. Need address proof (current piece of mail), photo ID for everyone in household. Food & clothes pantry. 541-7668

Bargain Center North, 8401 W Lisbon, 9:30-3:30pm Tues.- Sat 463-2595; **Bargain Center South** 5005 W Howard, 9:30-3:30pm

Tues-Sat 327-2529. Both have clothing, household goods; cash only. South location also has furniture.

Women's Care Center: Crib Club coupon incentives if enrolled in class for crib, car seat, stroller, clothing, diapers. See class info on p. 19. 634 W Mitchell St, 645-4050 and 1441 N Farwell 223-2610

Milwaukee Birthright 2025 W. Oklahoma Ste. 125, newborn clothing to 4T, layettes: must call 1 mo. (for appt.) before due date. For layettes, need photo ID and pregnancy statement. Toddler clothing every 6 months. Mon. 12:30-6pm, Tues. noon-4pm, Wed. 10- 2pm, Thurs. noon-4pm, closed Fri, Sat, Sun. See p. 18 for pregnancy services. Always call before coming. 672-5433

Blessed Again Resale, 7624 W. Hampton, 10am-4pm Mon-Sat, low-cost children's, maternity, adult clothing, shoes, furniture, electronics, housewares, etc. 464-9099

Well-Rounded Maternity Center 2455 S. Howell Ave, Bay View Maternity clothing resale and classes. See info on p. 18. 744-7001

Economy Center 7814 W Burleigh 9:30-4pm T-F; 'til 3 Sat. Clothes, household, books, toys, some small furniture for sale. 442-2272

Resale Shop run by Christ Child Society on Our Lady of Good Hope Church campus, 40th & Good Hope. Women, men, children's clothing. Reasonably priced housewares. Use parking lot facing Good Hope. 9:30-3:30pm Tues/Th, 9:30-12:30pm 1st & 3rd Sat. 540-0489

RePurpose, 8211 W. Brown Deer Rd., used household furnishings, office furniture, clothing, gift items. 11-7pm M-F and Sat 10-5pm, 977-4250 St. Charles Youth/ Family Services program

Wellington Park Lutheran Church 10-11:30am 1st Sat. of mo, Clothing is free; \$1 donation or a food pantry item donation appreciated. Food pantry on Sat. by appt. 7017 W Medford. 461-4061.

St. Hyacinth, 1414 W. Becher, 4-6pm Wed. serves zips 53204 & 53215. All clothing sizes; blankets, towels, sheets, hygiene supplies, toys, winter items later. Available for visit every other month.

St Vincent Thrift Store 2320 W Lincoln, 9am-7pm M-F, 9am-6pm Sat. Clothes, shoes, housewares; pay with cash or voucher. 672-2040. (To see if you qualify for a voucher, call intake: 462-7837)

St. Vincent de Paul Society: In Milw, call 462-7837. May have help for you if you live in area of a donating parish w/funding.

In Waukesha, call 262-547-3281 and you'll go through a church for a voucher. In Ozaukee Co, call 262-284-4637 re: a voucher.

Interview attire for women/men in need: Bottomless Closet, interview clothes for men & women & help with communication/interviewing skills. M-F by appt. only. 270-2984

Just Between Friends sales of children's items

-- **Sept. 14-17:** Consignors sell a huge selection of kid's clothes, toys, strollers, car seats, books, maternity clothing. State Fair Park. 1st day, Sept. 14, is \$3, but free with coupon: www.eventbrite.com. \$6 parking, or park on street or at Gate 6 for free.

-- **Oct. 9-12: Washington County Fair Park**

-- **Oct. 16-19: Waukesha Expo Center**, JBF of Waukesha



Emergency Food Pantries

It's best to call 2-1-1 to find a food pantry in your area. They will know which have adequate supplies that day to help you, and which have baby formula in stock. Also see p. 3.

53202, 53203, 53211

Village Church Interchange Food Pantry, 130 E Juneau, 1 block west of Water. 2-4 pm Tues; 4-7pm Wed; 9-11am Thurs; need photo ID. 273-7617

53206, 53209, 53210, 53212, 53216, 53218, 53222 to 53225

Trinity Presbyterian, 3302 N Sherman, 8:30-10:30am Tues. (or until nos. are gone); closed 1st Tues. of mo.; visit 2X per mo. 871-9440

53205, 53206, 53208, 53210, 53212, 53213, 53233

Spirit of Peace Lutheran Church, 5505 W Lloyd. 8:30-10am Thurs. (or until nos. are gone); closed 1st Thurs. of mo.; visit 2X per mo. 476-3189

53205, 53208, 53210, 53233

Central City Churches Outreach Ministry, Our Savior's Lutheran Church 3022 W Wisconsin. 9:30-11:30 M-Th. Photo ID w/address for area residents. Also, baby formula. 342-1522

53205, 53206, 53233

House of Peace, 1702 W Walnut, M-F 8:30-noon and 1-3:30pm; can use 1X every 30 days; bring photo ID, proof of residence, ID for each household member. Clothes 1-3pm with photo ID. Also, free legal clinic 4-6:30pm Tues. (but best to call for appointment). 933-1300

53206

COA Goldin Center, 2320 W. Burleigh. 4-6pm Wed. 9:30-11:30am Sat. Bring ID & proof of address. 449-1757

53206

Emmaus Lutheran Church, 2818 N 23, 9:30-10:30am Wed 1st come/ 1st served; need photo ID, proofs of address & kid's ages (e.g. report card or Medicaid card) 444-6090.

53206, 53209, 53210, 53216

All Saints Parish, 4051 N. 25, 9am-noon Tues & Fri. Identification needed for 1st visit. Meals: 5:30-6:30pm M, T, Th. 292-0532

53206, 53208, 53210

Good Samaritan Church of God in Christ, 5526 W. Burleigh. Bring ID & proof of address. Tues 10am-noon; Wed 1-3pm. 444-6955

53210, 53216

Jewish Community Pantry: address on building is 2930 W. Center, but pantry is at 2900 W. Center. 9am-2pm Thurs.; 10am-2pm 3rd & 4th Sun. ID & proof of address (current mail) required. Infant formula: need proof of child's birth date. ID for all household members required by 2nd visit. 447-8901, answered only when pantry is open

53209, 53218, 53225

Silver Spring Neighborhood Center, 5460 N. 64. Food pantry: 11am-2pm M, T, W. Also, Strong Baby Sanctuary with formula and sometimes, car seats. 463-7950 ext. 70.

53212

Northcott Neighborhood House 10a-2pm M,T,W; bring proof of residence/photo ID for you, other ID for household members 372-3770

53206

Scott Christian Youth Center: 2741 N Teutonia noon-2pm 2nd & 4th

Tues. Hot meals: 10-11am M-Sat; 3:30-4:30pm M-Th & Sun. For pantry, need photo ID; age verification for kids. 263-3177

53204

Christ Lutheran Church 2235 W Greenfield, 10am-noon (lines form at 9am; may close early if supply is gone) 2nd Sat of mo., food pantry, free clothes. Bring ID. 645-5138

53204, 53215

Hope House/Friedens 209 W Orchard, 12:30-2:30pm Tues/Th 10am-noon Sat. Bring ID & proof of residency for self & kids. 645-2122

53204 (south of Greenfield Ave.), 53215

St. Hyacinth/St. Anthony food pantry, 1414 W. Becher, 4-6pm Wed; need ID of everyone in household & proof of address. Can receive to a certain amount of food (value) per month. Nurse available for medical advice; social worker on hand; and personnel to register patrons for FoodShare.

St. Peter Lutheran Church, 1214 S. 8th (Scott), 3rd Sat. 10am-noon. 763-6435.

53204, 53215

Milw Christian Center, 807 S. 14 St. 1-3pm M-Th, 10-noon Fri. Must be in zip code 53215 or live within service area between 13th & 43rd Sts, from Pierce to College. Need ID of all in household & proof of address. 645-5350.

53205

Coggs Center (Friedens) 1220 W. Vliet St. Mon-Fri 8:30am-4pm. Bring ID & proof of residency for self & kids 289-6030

53208, south portion of 53210

United Methodist Children's Services 3910 W Lisbon, noon-4pm M, W. Photo ID adults (report card, etc for kids); proof of address for adults & kids. 344-1818

53223, 53224, and 53225

Risen Savior, 9505 W. Brown Deer Rd. 11:45am-1:30pm 2nd & 4th Sat. 839-5630

South side: live in area south of Wisconsin Ave., north of Ryan Rd between 27th & 124th Sts. **Good Samaritan Outreach Center** 5924 W Burnham, 10-2pm T, W, Th. Need address proof (current piece of mail), photo ID for everyone in household. 541-7668.

South side: 53207, 53221, 53235, & part of 53215 south of Becher, east of 27th St. **Bay View Community Center**, 1320 E Oklahoma 4-6pm Tues; 2:30-5:15pm Wed; 2:30-5:15pm Fri. Photo ID, proof of residency (such as utility bill or piece of official govt. mail within past 30 days), proof of income. 482-1000.

St. Stephen Family Life Center in Oak Creek 1441 W. Oakwood Rd for zip code 53154 for adults, children. For formula, need WIC folder. Bring proof of address, photo ID. 10am-noon Tues. & Th. or call for appt. 762-0552

ReStore Milw. Habitat resale stores often have great bargains. They post their latest arrivals on Facebook. **Greenfield:** 4150 S. 108 St. **West:** 3015 N. 114, Wauwatosa, 316-5650; this is the only store open Mondays. **East:** 420 S. 1, 316-5682. **South:** 4150 S. 108th St., 257-9078. **Waukesha:** 2120 E. Moreland Blvd. 262-662-6061

Single Mother Want Ads

Single mothers may place an ad here or in bi-monthly Updates for \$1. Free to HOPE members. Send ad to admin@hopenetworkinc.org

NOTE: HOPE Network does not do background checks on childcare providers or clients.

PROVIDING CHILDCARE

My Memories, My Moments Family Daycare. Providing stable care for families for ages 6 wks to 10 yrs. Affordable private pay, and state-certified. Also, after school and weekend care. Tanika, 807-8147

Lady Bugs Little Angels 3118 N. 7 St. Owner: Glenora, State Licensed. Now enrolling 1st and 2nd 6am-11pm, 6 weeks-12yrs. Hot nutritious home cooked meals, loving environment, educational programs (reading, math, science and art). I also participate in YoungStar CPR & First Aid certified. I have a loving and spacious home and yard. Call or make an appointment for a tour. 892-3719

Need a babysitter? I am very good with children and will give 100% of my attention to your kids. I am trustworthy, reliable, loyal, responsible, and a great, loving person. I can do simple housework. I am looking forward to working with you. Megan, 628-6812.

A Joyful Noise Childcare is currently enrolling. Our center focuses on the social/emotional, cognitive, language & physical development needed in order to be successful in life. Stop in, follow us or call to schedule a tour! 9700 W. Appleton Ave. Call Mrs. Rachel: 393-9786 M-F 5am-midnight & weekends 6am-8pm Transportation is offered (inquire about details). www.Facebook.com/Ajoyfulnoisechildcare

Little Miracles Family Daycare: 10 weeks-12 years. Weekends only; 1st & 2nd shifts. Private pay only. Nutritious meals; clean, safe environment; free transportation. 519-2345.

Explorers of Truth Child Development is accepting enrollment for 2 wks-8 yrs of age. 6am-6pm Mon-Fri. Accepts Wis. Shares and private pay. Warm, home-away-from home family setting. Safe and clean environment, healthy meals and snacks, weekly lesson plans. North side of Milwaukee Contact Ms. Kee-Kee 455-3156.

Safe-N-His Arms home-based childcare services: Where we care for the little people. Nutritious meals, snacks, educational training, field trips. Safe, clean, loving environment. 2nd & 3rd shifts available. 2-11pm M-F. Call Cheryl Johnson: 336-5930

Safe-N-His Arms Support Services. Prenatal & childcare coordination, infant massage, & screening for high blood pressure, glucose, or breast health. 2821 N. 4, Ste. 207. Cheryl 336-5930

Rose's Tiny Town Family Childcare: licensed, CDA & administrative credentials, Young Star rating: 3 stars. Educational environment, nutritious meals, nurturing provider (20+yrs. experience). 6am-10pm M-F, 6 wks-12 yrs. W-2 or private pay. Call Ms. Rose at 466-6914.

Destiny's Child Christian Academy Daycare, educational activities, quality childcare. Enrolling all ages. Group center with homelike one-on-one attention. Recently received Four Star certification. 535-1733

SERVICES & NETWORKING

Imani Marie Beauty: LASH EXTENSIONS | TRAININGS | SUPPLIES, *Group & private trainings offered weekly* 803-6704 @Imani_Marie_Beauty www.ImaniMarieBeauty.com (Mention ad for 10% discount!)

Clean your home - That is me! I do a walk-through before doing the

work on your home. Each room is \$50 and the kitchen is more. Looking forward to hearing from you soon. Megan, 628-6812.

Do you need CPR, AED or First Aid training? Would you like training in your facility? No class too big or too small, we teach them all. Continuing education, completion card & certificate at the end of training. Classes in a.m., p.m., 7 days a week. No need to take time off of work, we can come to your facility during nap time, lunch time, etc. We offer a DISCOUNT on certification classes for 10 or more participants.

FREE non-certified CPR/First Aid classes for mothers, grandmothers, or anyone who doesn't need certification but would love to learn the skills to keep their family safe.

Other training offered: SIDS (sudden infant death syndrome), Shaken Baby Syndrome, blood borne pathogens, CPR Pro, Medication Administration. Call Heart_2_Heart Basic medical training today at: 933-2323.

Face Painting Art Designs by Ms. Gabrielle Howard-Brown for birthday parties \$60 (larger events may cost more), reunions, church events, holidays. Water-soluble, non-toxic paint. For special circumstances price is negotiable. Text to 921-8609 or email gabrielleandson1@yahoo.com

Aisha Event Planning offers services for graduations, family events, birthdays, etc. Reasonable prices. Call Aisha, 519-2345.

Character Parties: Are you planning a party for your child and want to add that special touch? Call *Let's Party* and invite one of our characters to party with your child & guests! Teenage Mutant Ninja Turtles, Frozen, Mickey & Minnie, & more. Call today for booking and prices 366-1118

Tammy does **hair weaves** (sew-ins) for \$30. 988-4467.

Party Coordinator I'll make your party fun with games and prizes to keep your guests entertained. Call me for birthday parties, baby showers, bachelorette parties, etc. \$60 per hr./ \$40 for 30 mins. Renee 899-0973

Marlita Media Photography for every stage of life, inc. maternity, newborns, families, weddings, birthdays, reunions, graduations. I love producing beautiful pieces of art for my clients that preserve their precious memories. Affordable; flexible schedule. Marlita 394-5565

FREE home visiting school readiness HIPPY program

Weekly home visits to parents/caregivers of 2, 3, or 4 year olds. Free activity packets, books and supplies to empower YOU as your child's first and most important teacher. Monthly Family Nights and other giveaways. Program offered in English and Spanish. Must live in Milwaukee County. To sign up: email hippymke@coa-yfc.org, complete form at <https://www.coa-yfc.org/hippy> OR call 414-263-8383 Program begins in September.

Breakfasts with Santa Dec. 14

-- **Kosciuszko Community Center**, 2201 S. 7, 9:30am-noon. All-you-care-to-eat pancake breakfast, 1 photo w/Santa per family, games, arts & crafts, music, letter writing to Santa, gift bags for 1st 200 kids age 12 & under. Even if tickets purchased in advance, children must be among the first 200 to enter, to receive gift bags. \$3. Kids must be with an adult, who also pays \$3. 643-0120

-- **South Division High School** 1515 W Lapham Blvd. 8-11:30am Sat. Dec. 14. UMOS, in cooperation with McDonald's, will serve a pancake breakfast to all attending. The first 1000 kids may talk with Santa and receive a gift from Santa. No registration; 1st come, 1st served. Info: Carmen Lerma at 389-6002. Free

WIC farmers market vouchers matched

Vouchers can be used to purchase fresh fruits, vegetables, and herbs from farmers at the Oak Creek and Brown Deer Farmers Markets (see info below for dates, location). Show your WIC farmers market vouchers at the information booth before you start shopping, and they'll be matched up to \$10 while funds last. There will be a Market Match at Fondy Market for one day, Sept. 14. See below.

Buy \$20 worth of food for \$10 on Quest card

Five local farmers markets will match the amount you take off of your Quest card at the market, up to \$10 each market day. That means if you take \$10 off of your Quest card, you'll get an additional \$10 to shop for fruits, herbs, and vegetables, a total of \$20 to buy farm-fresh food. The matching program will go until funds run out, at these markets (now includes Brown Deer & Shorewood):

- Tosa Farmers Market, Sat. 8am-noon, 7720 Harwood Ave
- Near West Side Farmers Market, Thurs. 3:30-6:30pm thru Sept. 26, 3600 W. Juneau (one block north of 35th & Highland, on Harley-Davidson campus)
- Oak Creek Farmers Market, Sat. 9am-1pm thru Oct. 19, Drexel Town Square, 361 W. Town Way
- Brown Deer Farmers Market, 9am-5:30pm Wed. thru Oct. 30, 9078 N. Green Bay Rd, Brown Deer.
- Shorewood Farmers Market, 9:30am-1pm Sun. thru Oct. 27, 1600 E. Lake Bluff Blvd., Shorewood.

There will be a Market Match at Fondy Farmers Market for one day, Sept. 14. See below

For more info **about using your benefits** at farmers markets, and for a map of locations, visit bit.ly/EBTMKE



2200 W. Fond du Lac Ave.
fondymarket.org | 933-8121

Thru Oct. 31: Sat. 7am-3pm
Sun. Tues, & Thurs 9am-3pm

Nov. 2-23: open Sat. 9am-3pm

Accepts cash, FoodShare EBT/

Quest cards & Senior and WIC farmers market vouchers.

Fondy Farmers Market will also have live music and Seasonal Soul Cooking Demos from 10am-noon Saturdays until Oct. 26. Community partners will be joining us celebrating special themes:

Sept. 14: Walnut Way's Harvest Day will be held at Fondy Park noon-4pm, next to the Fondy Farmers Market. Will feature live music, a DJ and other performers, and local food.

There will be a Market Match for one day, on Sept. 14, at Fondy Market for SNAP, WIC vouchers, and Senior vouchers. Show your vouchers at the information booth before you start shopping, and they'll be matched up to \$10 while funds last. Sponsored by Anthem.

- | | |
|----------------------------------|------------------------------|
| Sept. 21: Voter Registration Day | Sept. 28: Healthy Heart Day |
| Oct. 5: Eco Living Day | Oct. 12: Refugee Day |
| Oct. 19: Girl Power Day | Oct. 26: Financial Education |

Back in the Mitchell Park Domes' Greenhouse Annex this winter:

Milwaukee Winter Farmers Market

524 S Layton Blvd. 562-2282 Saturdays. Accepts cash, FoodShare/EBT/Quest cards. Market Match may be available, depending on fund-raising. Visit www.mcwf.com for updates on dates and times

Manufacturing Career Expo

Oct. 23-24. Learn about opportunities in local manufacturing, and education needed. For students in middle school through high school graduates. Wed. 8am-2pm; Thurs. 8am-noon. Washington Co. Fairgrounds, 3000 Pleasant Valley Rd., West Bend. Info: 262-251-2430 or view: bit.ly/33XO344

Free driver's permit class

Helps adults obtain a driver's permit and drive legally. Classroom instruction helps you understand the rules of the road and driver safety while preparing you for the written state driver's exam.

10am-1:30pm Oct. 7-10 or Dec. 9-12. Must attend all 4 days.

You must have no unpaid tickets; bring a pen & paper to class and a Wis. DOT Motorists' Handbook (get at the DMV); and a state of Wis. ID card. Save \$15 off the \$35 permit fee if complete program & pass the test. New Concept Self-Development, King Community Center, 1531 W. Vliet. 344-5788.

Are your kids interested in computers?

Hour of Code: Whether your kids are expert coders, total beginners, or somewhere in-between, there will be a fun coding challenge for them to dive into. After an hour, pizza will be served and they'll have an opportunity to show off their work and win prizes!. For ages 9-18.

- Atkinson, 4-5:30pm Sept. 16
- Central Library, 2-3:30pm Sept 28
- Washington Park, 5-6:30pm Oct. 8
- Zablocki, 2-3:30pm Oct. 19
- Bay View, 6-7:30pm Dec. 3

Low Tech Coding: 2pm Sept. 21, Central Library. For ages 8-12. Will use real life stuff to learn the building blocks of programming.

Opportunity for Amani neighborhood residents in zip code 53206: Ages 18 and older who want to **learn a construction trade**, call the Dominican Center at 444-9930 and leave your name, address and phone number. You will be contacted and given instructions for the next step

On the Table MKE meets community's appetite for change

During *On the Table MKE*, the Greater Milwaukee Foundation encourages everyone in our community to gather with others, share a meal and have real conversations about improving the quality of life where we live. Anyone can host or join a conversation on Thursday, Oct. 10, as part of a region-wide effort to form new relationships and work together toward common interests and goals. Get involved at onthetableMKE.org. There are two ways to register, and it's free!

HOST – As an On the Table MKE host, you decide the topic(s) of discussion, the goal of your conversation, who to invite to your table, the time of day, the location and nature of the meal.

JOIN – Interested in being part of a conversation? You can search the website for tables with open seats that match your interests and availability. RSVP directly to reserve your seat at the table.

After the event, table participants will be eligible to apply for small amounts of funding from the Foundation to help get their ideas off the ground. Learn more at onthetableMKE.org or 376-8253



Share Your Heart!

Heart of Canal Street is Potawatomi Hotel & Casino's signature community program, and this year's campaign is underway. Half of each \$3 or \$7 Canal Street Bingo game purchased goes to the fund, which totaled more than \$1.1 million last year and provided funding to children's charities in southeastern Wisconsin. HOPE Network is in the running to be a 2019 charity. Help give the gift of a promising future by playing now through Dec. 12. Visit paysbig.com/heart.



Our hearts -- and our office -- are full, thanks to the generosity of St. Mary's Congregation in Menomonee Falls.

Their bountiful Christmas in July collection means HOPE Network families will be blessed with diapers, wipes, blankets, infant toiletries, clothing and more in the months to come.

Heartfelt thanks to our volunteers, donors

We're grateful to our many donors from June 1 through Aug. 31. We value all contributions, whether money or goods, time or talent.

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Please consider including HOPE Network in your estate planning.

CHANGE SERVICE REQUESTED



Win big at An Evening of HOPE October 4!

For tickets call 262-251-7333 or email admin@hopenetworkinc.org
Drawings held October 4. Need not be present to win.

Package #1: A week in the Florida Keys!

Buy your tickets
today!
Tickets: \$25 each,
3 for \$50 or
10 for \$100



*View from porch:
Swimming pool,
dock, and Gulf.*

Spend a week at Casa Agua, a spacious vacation rental on secluded Grassy Key, midway between Key Largo and Key West. This 3 bed 2 bath home boasts accommodations for 6! Includes one-week stay & \$1,000 in travel money! More photos and details at: <https://bit.ly/2nTklnu> and on the HOPE Network website www.hopenetworkinc.org

Package #2: Green Bay Packers Club Level!

Tickets: \$10 or 3 for \$25



Two outdoor club level tickets for Packers vs. Panthers on Nov. 10. Enjoy waitress service and access to the Stadium Club.

A \$100 gas card will get you there.
Total value: more than \$900!



Club level dining

Take a gander at our auction for Oct. 4!

Can't attend? Register at hopenetworkinc.givesmart.com to bid electronically Browse the silent auction online starting Sept. 23.

- **Four courtside seats** at a Bucks game, at the new Fiserv Forum
- **Commissioner Emeritus Bud Selig's** personal suite for a Brewers game at Miller Park
- **Dinner for 4** at the Chef's Table at Bartolotta's Lake Park Bistro
- **Cape Cod Get-Away:** week at a 3-bedroom cottage (sleeps 7)
- **Experience the Lambeau Leap:** See the Packers vs. Redskins Dec. 8 with \$150 Pro Shop gift card and \$100 game day cash!
- **Jurassic World Live:** see the show from a suite at the Fiserv Forum
- **Arts & entertainment**
- **Sports collectibles**And much more!

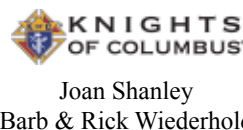


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